March 12, 2018

**Patient Safety Awareness Week**  
**March 11 – 17**

*This year’s focus: Culture of Safety and Patient Engagement.*

Posters will be displayed in the gallery from Monday March 12 – Friday March 16. The unit or department voted the best display will be treated with pizza.

The crash carts and Zoll Defibrillator will be out in galley between 11-13:00 this week.

There will be a drawing for an ASHNHA or WSHA Safe Table discussion (see attached) for completing and answering questions from the displays.

Thanks for your participation and for promoting safe, high quality patient care.  
-Mary E. Crann RN, MSN, OCN  
Risk Manager and Patient Safety Officer

I would also like to mention we have 5 Bartlett Hospital exhibitors! Rachel Stark with the patient portal, Cynthia Nickerson with Diabetes Education, Annette Coyle and Angie Plaggemeyer from Nutritional Services, Erin Maloney from Rainforest and Rhonda Ward with OR services. Kari Natwick is giving a presentation.  Giving your time is a gift to the community.  Again, thank you.

At noon each day come to the gallery and check how well you are washing your hands!

Here is an overview of the mini-classes offered at this Saturday’s event, they are free and open to the public whether you are getting your blood drawn or not. If you or a family member are in the Thunder Mountain High School neighborhood and would like to drop in for a class please do. All the information regarding the health fair is on the Bartlett hospital website. Check it out! -Laura Stats

**Health by Choice, Not by Chance Annual Community Health Fair**  
**March 17, 2018**  
**Thunder Mountain High School**  
**8AM-12NOON**

Thanks in advance to all the volunteers and exhibitors working this year’s Bartlett sponsored health fair. This is a volunteer run event.

Cynthia Nickerson RN, CMC, CDE,  
Diabetes Education Program Director  
Bartlett Regional Hospital

Join Cynthia as she helps you understand prediabetes, discusses how it affects your health and why it is important to use the information to improve your health and avoid contracting diabetes.
9AM
Dr. Corker
Healthy Vision

10AM Kari Natwick RDN, LD *
Director of Bartlett Regional Hospital Food and Nutritional Services*
Kari Natwick has a deep understanding of the importance of nutrition and communicating it with a passion that sparks your interest and makes you want to know more. She will be discussing the cutting edge information on the microbiome of the digestive tract and how it relates to overall health.

10AM
Elise Blasco RN * Airlift Northwest Medevac Service *
Join Elise Blasco as she teaches Hands Only CPR. Hands-Only CPR is CPR without mouth-to-mouth breaths. It is recommended for use by people who see a teen or adult suddenly collapse in an “out-of-hospital” setting (such as at home, at work or in a park). The American Heart Association has found that the survival rate of an individual increases when CPR is administered without delay and Hands Only CPR has increased bystanders response.

11AM
Dr. Baastrup* Dr. Baastrup has over 30 years of experience as your local downtown Juneau chiropractor. He wants everyone to be able to “turn on” the body's natural healing. This class will center on the importance of posture and an introduction to the fascinating concepts of body alignment for self-healing.

11AM
Keegan Carrol * Personal Trainer* Pavitt’s and Alpenglow Fitness*
Receive information on how a personal trainer can design an exercise regime to your stage of physical fitness. Exercise is an important health habit everyone can incorporate into one’s life. Keegan will discuss how you can move past barriers that have kept you from incorporating exercise.

Rhonda in Endoscopy would like to share that Bartlett Hospital is doing a fantastic job at screenings. Having a colonoscopy and removing polyps before they become an issue is so preventative that it is worth the effort. The national average for detecting polyps during colonoscopy that can turn into cancer is only 20-30 percent. We are at 53%. Great Job to All Physicians, Nurses and Technicians!

AND-Health Information Professionals Week: March 18-24, 2018

Per AHIMA, Health Information Management (HIM) an allied health profession, leads efforts to ensure the availability, accuracy, integrity and security of all data related to patient healthcare encounters. This results in better clinical and business decisions that enhance healthcare quality. HIM professionals work in multiple settings including hospitals, clinics, physician offices, government and health insurance agencies and other organizations. They play a key role in the effective management of health data necessary to deliver quality healthcare to the public.

Bartlett’s Health Information Management Department (HIM), also known as Medical Records, exists to promote quality patient care by maintaining and managing health information in a timely manner. The staff ensures all medical information is maintained in a confidential manner, as well as providing patient access to records in accordance with patient rights.
The services provided by HIM include record storage, retrieval, assembly, analysis, coding, abstracting, and inputting birth data to aid in the preparation of birth certificates for the Bureau of Vital Statistics.

Our staff is responsible for checking each file that comes into the department for completeness and accuracy. We do analysis for all inpatient, mental health unit, emergency room, short stay surgery, observation visits and clinical visits. We also do coding and abstracting for all revenue generating departments in the hospital. Everyone in the HIM Department is dedicated to Bartlett Regional Hospital’s Core Values of Caring, Accountability, Respect and Excellence.

-Rachael Stark, HIM Director

Compliance Corner

What is the Code of Conduct?

The BRH Code of Conduct and Compliance Manual are key components of the Compliance Program.

BRH’s Compliance Program has the commitment of everyone at BRH, including but not limited to, the Board of Directors, Senior Leadership Team, employees, independent physicians, vendors and others associated with BRH. All of these stakeholders are required to comply with the standards set forth in the BRH Code of Conduct, the BRH Compliance Manual and BRH policies and procedures.

BRH’s Code of Conduct is available in Relias. Booklets are available in Human Resources and every employee receives a copy when they are hired. These are updated as required.

Please call the Compliance Officer at 796-8695 with any further questions you may have regarding the BRH Code of Conduct and Compliance Manual.

Bartlett Hospital Compliance Hotline: 796-8618

AKPhA was founded in 1956 when the state was still a territory. The state ASHP chapter was recognized in 2016. The 52nd annual convention was recently held in Anchorage from February 9th-11th.

-Gretchen Glaspy, Pharmacist

Pharmacy News

The Alaska Pharmacists Association (AKPhA) has elected Gretchen Glaspy as Southeast representative and appointed Kevin Jones as the technician member-at-large to the Board of Directors. Both will serve a three-year term.

Gretchen has also been appointed as co-chair to the Alaska chapter of the American Society of Health-System Pharmacists (ASHP).

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Bartlett Regional Hospital Foundation is accepting applications for the Grace and Phil Edelman Health Sciences Scholarship for the 2018-2019 academic year.

Bartlett Regional Hospital Foundation supports the education of Southeast Alaska residents pursuing studies in health sciences and encourages their return to the community. Scholarships are awarded to eligible applicants seeking a Health Sciences degree at an accredited college. Applicants shall demonstrate both outstanding academic performance and leadership among his or her peers and community.

Inasmuch as practicable, scholarship awards will endeavor to fulfill the Edelman’s intent and desire to support graduate level and professional degree candidates who intend to return to Southeast Alaska to practice their chosen career in the health sciences field.

Application deadline is April 20, 2018. Application requirements and supporting information is available at http://www.brhfoundation.org/scholarship/ or contact Bartlett Regional Hospital Foundation at 907-463-5704. Completed applications postmarked by April 20, 2018 may be sent to 3260 Hospital Drive, Juneau, AK 99801.
For information, contact Maria, 463-5704, Maria@brhfoundation.org.

Shout Out!

Shout out to our grounds-keeper Shawn, for his efforts to keep the sidewalks cleared of ice and snow, keeping us on our feet! 
-Britt Watters, MT(ASCP) Laboratory Systems Analyst

Attention Bartlett Community:
We can all use more Shout Outs, and the Bartlett Buzz is a perfect outlet for appreciating your colleagues. Please send your shout-outs to your work peers anytime to Katie Bausler at kbausler3@bartletthospital.org

American Diabetes Association Alert Day—March 27, 2018

The last Tuesday of this month is a day to sound the alarm about the prevalence of type 2 diabetes by asking everyone to take the Type 2 Diabetes Risk Test. The free, anonymous risk test only takes a minute to complete. By answering questions such as “Do you have a family history of diabetes?” and “Are you physically active?” you can learn if you’re at risk for type 2 diabetes in 60 seconds. More information here: http://www.diabetes.org/are-you-at-risk/alert-day/

NEW EMPLOYEES!
February 26, 2018

Christina Choquette – Admin Clinical Assistant II, PTOT
Gina Heffern – Pharmacy Intern I, Pharmacy
Dicks Revestir – EVS Technician, Environmental Services
Marshall Sargeant – Inventory Clerk I
Tamra Shreves – House Supervisor, Nursing Admin
Kiara Svensson – PAS Representative II, Patient Access Services
Cristina Torrieri – Surgical Scheduler, Surgical Services

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Judith Earl – Food Service Assistant, Food & Nutrition
Katelyn Kimlinger – Pharmacy Tech I, Pharmacy
Elissa Lipham – Insurance Verification Specialist, BSSC
Krystina Stobinski – Behavioral Health Assistant I, RRC

Spread the Word!

Bartlett Regional Hospital is live on Facebook and LinkedIn, and we are spotlighting recruitment opportunities weekly on both sites. Follow us to catch all the updates, and like and share the posts to help spread the word. If an applicant provides your name as a referral for a hard to fill position and is hired, you could receive up to $5000.00. For additional details, please see policy 9400.914 Employee Recruitment Incentive Program on PolicyTech.
Patient Comments!
9/1/17-12/31/17

MHU

All staff treated me as if I was part of the family. Excellent, courteous, and friendly service -

Every staff treated me with respect.

Staff has been really nice and helpful all around great people I got to meet.

Although I felt out of my comfort zone everyone here made me feel comfortable and the place was kept very clean.

All of the meals were good.

Every nurse I talked to were all very nice and helpful and when I asked for anything they would tend to my needs but all around very nice caring people.

Very easy to confide in my doctors about my situation and they are working with me to try new medicine.

The staff are all working to get me ready to go home tomorrow.

Everyone had been a great help.

I told a nurse my arm was hurting and she got someone to look at it right away.

This was a very good place to be not only did I feel accepted here but I felt a lil bit like this was close to being at home, everyone was so nice and getting me involved in every activity that I felt comfortable in joining.

Beautiful staff. Friendly faces, kind voices, and professional/proper mannerisms.

*Dr. Burns is definitely the best psychiatrist I’ve ever had.

Excellent, and will always be held in high regards and with respect - THANK YOU!

I would highly recommend this place.

Staff was very helpful and understanding of problems and provided assistance in an orderly and professional manner.

An officer watched me till I got admitted he was helpful... and so were the two nurses that took great care of me until I came to the third floor.

I felt very safe especially with myself there was no objects that I can hurt myself with and the unit was very clean.

The nurses really cared for my wellbeing they made me feel comfortable about being here.

I felt comfortable about opening up about how I was doing... they gave me great info about my medication.

I was able to set up services for when I get discharged.

I felt like this place really helped me with my mental health love the staff and nurses.

I was always hungry, but staff readily supplied snacks on request. Almost felt guilty about asking, they were so willing to provide care/service.

Very sweet, willing to listen above and beyond health care responsibilities/requirements.

They all had their ideas, and stuck with them, and they were all different. And all personally helpful.

They didn’t just 'care for', they really really cared.

Lots of caring and supportive staff.

I’m also apologize for my pickiness of food choice. I like ice cream. Thank you for the _____. I had forgotten... I tried to share.

I am patient enough to know that you guys are busy. I realize I _____ inpatient.

Rec. aide *Heather is very helpful in deciding activities to do. She is great.

The food and staff were exceptionally good, very good staff caring and very helpful.

The nurses were very helpful, polite, & courteous at all times.

I chose not to participate in all activities at first, but when I began to I found it helpful information to be useful on discharge.
The psychiatrist McMorris was extremely helpful in helping me diagnose my symptoms/ways. Polite courteous.

I found the staff helping me with discharge nurses/Behavioral Health assistances, very kind and thorough regarding information.

I found all members of the treatment team to be courteous, polite, & helpful.

**RRC**

*Barb does an excellent job!*

*Stephanie is a very good counselor & had wonderful insight and advice.*

Excellent staff.

Patience and professionalism - Outstanding.

Very pleased with experience.

I had a great time - I messed up a bit but I Came back!

I love that you catered to my food needs.

I love *Karen.*

Was a very clean loveable unit I known.

Everything was just fine for me.

All good it was.

I never had any bad experience with any of the staff.

All was good for me.

Bartlett Regional Hospital