

# Bartlett Buzz

February 8, 2018

## Website Upgrade Set to Go Live Monday

Our website designer and partner Coffey Communications is ready to go live with our website upgrade on Monday, February 12. If necessary between now and then, updates can be made through Steve Hudson at Coffey.



Steve Hudson | Client Advocate/Project Manager  
Direct line: 509-526-2215

At this point and for the most part, the website will still look the same.

The change is mostly to the backend. With the switch from Net Returns to Site Assist, it will be more user friendly for departments, like Bartlett Beginnings, Education, Quality etc., to make changes to their pages.

It will also, for the first time, enable departments to create, post, and maintain online forms. Departments can also, as always, send their changes to Steve and he can make them. Look out for an employee email with more information about upcoming Site Assist training sessions.

If you have any questions or would like to be added to the list of employees with access to Site

Assist, please contact Community Relations Director Katie Bausler at 8567 or [kbausler3@bartletthospital.org](mailto:kbausler3@bartletthospital.org)

## Legislative Healthcare Workplace Violence Initiative

A bill to that would make an assault on a medical professional in a health care facility a felony is on its way to a vote on the House Floor. A Bartlett nurse who was strangled with IV tubing by a patient testified in favor of the bill in the House Judiciary committee this week. CEO Chuck Bill and another Bartlett nurse also spoke in favor of the bill, along with health care professionals, some calling in, from throughout the state.



HB 312 allows police to arrest an individual without a warrant for a misdemeanor assault (assault 4) in a health care facility, for example, punching a nurse.

HB 312 co-sponsors Representative Matt Claman (D-Anchorage) and Representative Chuck Kopp (R-Anchorage) announced the



legislation at a press conference held in the Critical Care Unit Waiting Room the morning of Friday, January 26. **Case Management Director Jeanette Lacy Dunn spoke in support of the legislation at the event.**



Bartlett is one of many Alaska hospitals that have reported an increase in workplace violence over the past year, including assaults with a physical injury against care givers, such as being kicked, punched, spit on, or verbally threatened.

The Workplace Violence Initiative is supported by the Alaska State Hospital & Nursing Home Association (ASHNA), the American College of Emergency Physicians (Alaska ACEP), and the Alaska Nurses Association (AaNA).

“Nurses and emergency room physicians face a rising tide of violence in the workplace due to increasing numbers of drug addicts,



alcoholics, and persons with severe behavioral health disorders showing up at emergency rooms. Enough is enough,” said Rep. Kopp. “This legislation recognizes that treating patients and protecting healthcare workers is not an either/or proposition. Both are a priority.”

## DIP-OFF Results and Recipes

Flu season may have lessened participation this year...

**4 dips entered. 30 votes**

- #1 = Jason Bushman – Chunky Guac with 13 votes
- #2 = Jason Bushman – Crunchy Pico with 8 votes
- #3 = Ethan Sawyer – Buffalo Chicken with 5 votes
- #4 = Kelly Mercer – Reese’s Peanut Butter cup with 4 votes



**Jason Bushman’s Guacamole**

- Avocado – 4-5
- Cherry tomatoes – 15 diced
- Cabbage – 1 cup chopped
- Garlic salt – to taste
- Johnny’s salt – to taste
- Lime Juice – to taste
- Fresh Cilantro – 1 head chopped/Diced



**Ethan Sawyer’s Buffalo Chicken**

- 1 cup shredded cooked chicken
- 4oz. cream cheese, softened
- ¼ cup Buffalo sauce
- ¼ cup Ranch Dressing
- ¼ cup Blue cheese crumbles
- ¼ cup Sharp Cheddar cheese shredded
- 4 slices of cooked bacon (reserve 1 slice chopped for garnish)

Mix all ingredients and place in baking dish. Bake 20-25 minutes at 350 degrees. Stir and garnish with remaining bacon. (mmm..bacon!)



## BRH Fourth of July Float Afoot

Rhonda Ward and some colleagues in the OR and other departments are interested in Bartlett Regional Hospital participation in the 2018 July 4<sup>th</sup> Parade(s). The first step is to form a committee to create a BRH float. So far proposed is a float made of recycled drapes from OR, vests from HR and tote bags from Education. The proposal is inspired by this year’s parade theme, Volunteers-Fabric of our Community.

All and any ideas and experience are welcome. If you’d like to join the fun, please contact Rhonda Ward [rward@bartletthospital.org](mailto:rward@bartletthospital.org).

## MEDITECH Minute

### Tsystem Upgrade

On February 22, IS will be performing the first of two upgrades to the T-System program for the ED. This is a long awaited upgrade for the Emergency Department. It comes with multiple and a few enhancements that will help the ED staff to provide excellent patient care. Any questions about the upgrade can be directed to x8400

### NEW EMPLOYEES!

January 29, 2018

- Angela Endicott** – Patient Observer, Nursing Admin
- Mark Gaceta** – EVS Technician, Environmental Services
- Ethan Sawyer** – Director, Materials Management



## FOR SALE AT THE HR OFFICE



We have a variety of sizes still available: XS, XL, 2XL, 3XL and 4XL.



### And Stadium Blankets!

Bartlett Regional Hospital is live on Facebook and LinkedIn, and we are spotlighting recruitment opportunities weekly on both sites. Follow us to catch all the

updates, and like and share the posts to help spread the word. If an applicant provides your name as a referral for a hard to fill position and is hired, you could receive up to \$5000.00. For additional details, please see policy 9400.914 Employee Recruitment Incentive Program on PolicyTech.

### #People of BRH



#### Basilio Taboada, Environmental Services Technician

I work the day shift in the Mental Health Unit and Bartlett House. I clean the patients' rooms, nurses' station and other rooms. I wipe down all the surfaces and countertops, and mop the floors and hallways. I pick up garbage and deliver laundry.

What I value most about working at Bartlett is that my co-workers help patients get well. Even if we come from different ethnicities, we came here to work. I work with self-respect, respect for others and peace in everyday life. Being part of the Bartlett team is a privilege and I am happy to be part of it. Few people get to experience such support. **Thank you BRH!**

-Basilio

## Patient Safety Corner



According to the Agency for Healthcare Research and Quality (AHRQ) between 700,000 and 1,000,000 patients fall in the hospital each year. A fall may result in fractures, lacerations, or internal bleeding, leading to increased health care utilization. Research shows that close to one-third of falls can be prevented. Fall prevention involves managing a patient's underlying fall risk factors and optimizing the hospital's physical design and environment.

Can you guess the number of falls with injury we had on the campus of Bartlett Regional Hospital during 2017?

Email Mary Crann Risk Manager and Patient Safety Officer with your response: [mcrann@bartletthospital.org](mailto:mcrann@bartletthospital.org)



**Bartlett Regional Hospital** staff and providers joined the annual sharing of community services with Juneau's homeless and those at risk of becoming homeless. Wednesday, January 24, 2018.



## Compliance Corner

### Who is the Office of Inspector General (OIG)?

Since its 1976 establishment, OIG has been at the forefront of the Nation's efforts to fight waste, fraud and abuse in Medicare, Medicaid and more than 100 other HHS programs.

HHS OIG is the largest inspector general's office in the Federal Government, with approximately 1,600 dedicated to combating fraud, waste and abuse and to improving the efficiency of HHS programs. A majority of OIG's resources goes toward the oversight of Medicare and Medicaid — programs that represent a significant part of the Federal budget and that affect this country's most vulnerable citizens. OIG's oversight extends to programs under other HHS institutions, including the Centers for Disease Control and Prevention, National Institutes of Health, and the Food and Drug Administration.

### What is the Mission of the Office of Inspector General's (OIG)?

The mission is to protect the integrity of Department of Health & Human Services (HHS) programs as well as the health and welfare of program beneficiaries.

<https://oig.hhs.gov/about-oig/about-us/>

**Bartlett Hospital Compliance  
Hotline: 796-8618**

## Some Recent Patient Comments, Med Surg (wow!)

Thank you nurses!!

This was my first hospitalization - I had great care - thank you!

The CCU team was fabulous!

Food not ordinary hosp. food - it was very good.

Wonderful care.

\*Dr. David Miller excellent.

All the nurses were great. Especially

\*Nancy a traveling nurse.-

\*Dr. Yost was awesome. Always kept us informed in terms we could understand. \*Dr. Cook was great. Always answered all our questions.

I got TLC from the CCU nurses! I was extremely pleased (and surprised) by their friendliness and helpfulness!

They were very willing to talk to my family members and reassure them! Excellent!

Good, as far as I know.

I was in for only 1 1/2 days after a full abdominal hysterectomy and was well-informed regarding what to expect. Questions I had had were answered by \*Dr. Newbury.

All of my nurses were excellent. They made me feel comfortable

helped me, offered extra help if needed. Had conversations with me and their skills in nursing were beyond my expectations.

The skill of the nurses during my tests, meds, and IV was excellent.

I was spoke to by the doctor, she gave me all my instructions and answered all my questions. The nurse discharged me and went over instructions again and even walked me out once discharged. Very professional.

We are a military family. It's the best hospital out of all I have been to, as we move every 3 years, I can't remember all my nurses names, however, if you can look them up I would highly recommend they be recognized.

Tended to me very well. Helped me in anyway possible wonderful care overall!

I couldn't have been treated any better.

\*Reid and other nurses were exceptional!

I have never been so impressed! I am an impossible stick.

\*Dr. Benjamin is the most exceptional doctor/I have EVER known. How wonderful she made our experience person. #1. Exceptional.

Wonderful chaplain!

God had his hand in our hospital in Juneau - every encounter, conversation, treatment. \*Dr.



Benjamin is a Godsend!

She went above and beyond in EVERY situation! What a blessing to us in such a difficult situation. She even showed us Juneau on her own time.

Very good experience - excellent hospital staff.

Good food/service.

Good experience - excellent staff - options well explained.

Very helpful.

Could not ask for better dr.

The staff was very professional.

The entire staff was very helpful and took care of all my needs - Great staff!!

The staff (nurses and doctors) were very courteous, helpful, and professional, no patient could ask for more. I thank you all very much.

Very good treatment by the entire staff of nurses.

Met by a triage of doctors & nurses.

Best hospital care I could have been given.

Everything was very pleasant & everyone that took care of me were great, very understanding &, courteous. Very good at taking care of me -

Very good experience & everyone that took care of me were great & very nice & understanding!

All the drs. & nurses were really great!

Very good experience.

\*Joan did a pre-check in over the phone prior to my arrival. She was amazing!

Really extraordinary care. I didn't want to leave.

\*Dr. Schwarting is a rock star and a little town like Juneau is extremely lucky to have him. I can't say enough about his skill, efficiency, kindness; intelligence!

I was so comfortable I was disappointed to leave, but of course, I was able and ready.

I've told half the town of Gustavus what an AMAZING, POSITIVE, LIFE CHANGING experience this was.

Every one did a great job of taking care of me while there in the hospital. Please tell them I said thank you.

Please tell them I'm doing better and thank you for taking care of me while I was there.

Everyone in Emergency were great! \*Dr. Everett & the nurse (both in emergency) are the best! (Never got nurse's name, she was on her 1st day, just moved from Maine.)

The nursing staff at BRH in med-surg dept are amazing, not just in my stay, but also in the prior stay of family members.

\*Jessica & \*Nancy went over and above skill & courtesy of all the nurses. They went out of their way

to check on me & see to my needs - treated me almost like a good friend.

I was very pleased with the skill, courtesy and respect I was given by all the patient care staff!

Great nurses especially \*Kim.

I want to acknowledge the staff that went beyond their call of duty. 1) \*Dr. Ted Schwarting 2) \*Salud Elizarde, RN 3) \*Holly. Social work/case manager 4) \*Noel - housekeeping dept. A thank you note for the entire staff who took excellent care of me during my stay. From doctors, nurses, social worker, staff from housekeeping department and therapists, they were obviously competent, experienced w/ethical principles! 1)\* Dr. Ted Schwarting 2) \*Salud Elizarde, RN 3) \*Holly, social work/case manager 4) \*Noel, Housekeeping dept. Thank you!! Cleofe C. Alejandro

All of the nurses & CNAs took excellent care of me.

Nursing excellent, housekeeping excellent. \*Paul ultrasound tech excellent, dietary excellent, security \*Mike L. excellent.

They were accommodating to special meal requests (i.e.: no dairy) & made change as needed.





We are also getting geared up for

our spring walking challenge. To do this, Health Yourself is offering another **'training party'** -a chance for you and your teammates to ease into walking over 3 weeks, starting 2/12.

**How it works:**

1. Let me know if you are interested in participating- you can do it as a team or solo
2. Track your steps using a fitness tracker you already have or your phone
3. Try to either increase your weekly steps by 20% in week 2 and 3 OR use the field house indoor track 7 times in the next 3 weeks.

I hope you are all enjoying this month's **Heart of the Mediterranean Challenge**. If you're curious to learn a bit more about how the Mediterranean lifestyle is beneficial to heart health, check out our **February newsletter**.

- **Tomorrow:** use olive oil in your cooking and meals
- **Friday:** wherever you are-at home, or eating out, get 2 full servings of veggies with your lunch and dinner meals
- **Saturday:** aim to get 10,00 steps or about 5 miles walking (the [indoor track](#) is open 9-1 and **free** for our employees and spouses!)
- **Sunday:** cook a meal at home, and go easy on the salt. Use herbs and spices to flavor your meal instead!

If you are successful in increasing your weekly steps by 20% in weeks 2 and 3 or walking at the track 7 times, you can either keep the fitness tracker to use in future challenges OR receive a massage gift certificate ( & earn 10 HY points).

Be well and take care of your ticker!

**-Jess Brown, Employee Wellness Coordinator**

