

Bartlett Buzz

May 28, 2014

June Healthcare Observances

Month-long observances

National Aphasia Awareness Month

Cataract Awareness Month

Hernia Awareness Month

Men's Health Month

National Migraine and Headache

Awareness Month

Scleroderma Awareness Month

Week-long observances

1-7 Community Health

Improvement Week

1-7 National Sun Safety Week

8-14 Vascular Nursing Week

9-15 National Men's Health Week

12-19 National Nursing Assistants

Day and Week

16-20 Healthcare Risk Management

Week

22-28 Helen Keller Deaf-Blind

Awareness Week

Recognition days | events

1 National Cancer Survivors Day

3 National Health Care Recruiter

Recognition Day

ACLS Providers: Ready for a New Challenge?

By Dianne Bigge

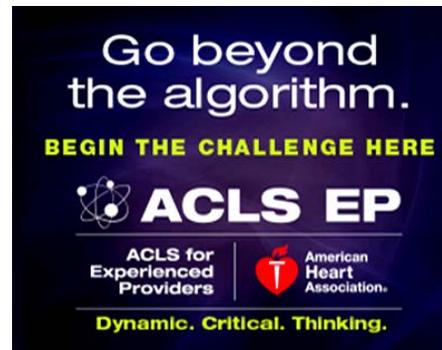
Bartlett, along with Capital City Fire and Rescue (CCFR), will now be offering Advanced Cardiac Life Support (ACLS) Experienced Provider (EP) Classes in addition to our ACLS Provider and Renewal classes. Eight instructor candidates completed the training in May under the instruction of Anjela Johnston, Southeast Region EMS and Sandi Kelly, Training Officer, CCFR. The new EP instructors are **Bob Urata, MD, Lisa Hollis, ALNW, Charlee Gribbon and Cheri Moyer**, House

Supervisors, **Alicia Gillis**, CCU and **Justine Muench, Gail Moorehead** and **Dianne Bigge**, Staff Development.

The Experienced Provider class is an option for "seasoned" ACLS providers who manage complex cardiovascular, respiratory and other emergencies. The goal of the ACLS EP course is to improve outcomes in complex cardiac or respiratory emergencies by exposing learners to scenarios requiring critical decision making strategies.

EP providers will complete all ACLS requirements (written exam, BLS/AED, Respiratory Arrest, and megacode) then work through case-based scenarios to enhance their skills in the diagnosis and treatment of pre-arrest, arrest and post-arrest patients.

Bartlett will offer the EP course on November 13 from 0800-1630. If you are an ACLS provider and are looking for an opportunity to challenge yourself, consider taking the EP course instead of the regular ACLS Renewal Course. EP Providers will be expected to have a comprehensive understanding of ACLS algorithms and skills. The class format is didactic case study and does not include review so providers must be confident in their



skills. For more information and to register, go to SwankHealth, Events.

HR Notes

Emergency Contacts

Please be sure to update your Emergency Contact information through your HR Employee portal (Internet Explorer Favorites > Bartlett HR > Employee Login) or come by the Human Resources office to complete an update form. It is very important to keep your emergency contact info updated at all times. We also recommend entering a contact into your cell phone as "ICE" which means "In Case of Emergency" to ensure your cell phone has an 'ICE' contact saved for rescue workers, police, or doctors if you're in an accident or other emergency.

Hospital Week Gift Pick-Up...Coming Soon!

We're still anxiously awaiting the long ship to Alaska for the hospital week fleece vests. We promise they'll be here soon, and we'll send out an email and flyers for the hours of pick-up. Thank you for your patience!

Premera NurseLine

Reminder

Available 24 hours, 1-800-841-8343

Spring/Summer Reminder:

Musculoskeletal

Having back pain and not sure how serious it is or what you should do? Is some joint stiff and sore and you don't know what to do? Call the 24-Hour NurseLine anytime about your medical needs or concerns. It is free and confidential, and caring nurses will help provide you



with peace of mind. Make a note of the number in your cellphone or other place you can reference later **1-800-841-8343**. Always call **911** or your local emergency number if you are having a medical emergency.

Health Benefits Open Enrollment Ends Friday, June 6

WHAT TO DO:

- Review your current coverage and your covered dependents.
- If you are *NOT* making any plan changes, your **SIGNATURE IS REQUIRED** on the enrollment forms **PAGE 1** and **PAGE 2**, pages 3 through 10 are only required dependent on your benefit selections. Click [here](#) to complete the enrollment forms.
- If you want to make a plan change or add a dependent, click [here](#) to complete the Premera enrollment change form.
- If you are adding a spouse or domestic partner *not* previously enrolled in the plan, click [here](#) to complete the required Affidavit of Marriage/Domestic Partnership form.

All Open Enrollment forms are available through your HR Employee Portal, from our website at www.bartletthospital.org/humanResources/employeeportal.html, from the W: drive Human Resources folder, during the Benefit Fairs, or from the Human Resources office.

Termination of Insurance Benefits

REMINDER - Per our Premera Health Plan, if you resign, retire, or terminate employment, your health insurance coverage ends at 12:01 AM on the following day of pay status (i.e. last day of actual work).



Falls Prevention Seminar

On May 19, Fall Prevention Specialist Pat Quigley conducted an open forum at BRH. She met with our Fall Prevention Team and toured the facility to offer suggestions. (left to right) Greta Wade (ASHNA), Debbie Lowenthal (Small Hospital Program Coordinator), Charles Bill, Sara Parker, Charlie Orndorff, Pat Quigley, Rhio Harper, Thomas Imboden, Mary Szczepanski, Jo Bohme; Casey Ploof, Jennifer Brown.

Chuck's Corner

By Chuck Bill, CEO

Hi everyone!

I want to thank you all for the very warm welcome I have received and tell you how excited I am to be coming to Bartlett. I also can't over-emphasize how much my wife and I are looking forward to being part of the Juneau community.

I feel blessed to have started here during Hospital Week. There can be no better time to start than when we are celebrating our employees.

We have work to do, but there are so many fabulous things about our Bartlett medical family and the patient care we provide, that I truly feel lucky to be here.

Thanks again!

Safety Tips

*By Andrew Migel, CSP
CBJ Safety Officer*

Multi-Tasking

Scenario: Is multi-tasking a fact or fiction?

Fact: Whether or not you think you can multi-task, when you have to do two things at the same time that both require thinking, you will either do them both poorly or one of them well, but never be able to do them both well. This truth is evidenced daily by motorists who drive while using their cell phones.

Note: "Hands-free," is not "risk-free." About 100 people die every day in car crashes. Primary causes do not include the environment or mechanics. Up to 90% of car crashes are caused by driver error. About 26% of car crashes involve cell-phone use, including hands-free. Drivers can miss seeing up to 50% of what's around them when talking on any kind of cell phone. For more information copy and paste this into your web browser:

www.distracteddriving.nsc.org

Application: You need these three things to drive well.

1. Eyes on the road
2. Hands on the wheel
3. Mind on driving

When you are talking, texting, or reading you lose some or all of these essential driving requirements, and therefore greatly increase your risk of driver error. I hope you will all



commit to driving cell phone free.

Real Ladder Stories

Scenario: Have you ever tried to reach up high to grab a bag, box, or tool, and no matter how high you jumped, it remained out of reach? What did you do next? Let me guess: you grabbed a ladder, right?

Note: Preventable ladder accidents are usually caused by:

- Workers not being trained adequately on ladder safety
- Ladder being in poor condition
- Improper selection, care or use including incorrect positioning
- Using unsafe work practices
- Using the wrong ladder for the specific job
- Using defective ladders

Application: Pick a story from the below-mentioned stories to share with your coworkers at your next safety meeting.

Fatal Fall from Ladder

A 59-year-old painter/independent contractor died of his injuries after he fell from a metal extension ladder while working. The victim was working alone on a 90-foot by 20-foot addition to a farm equipment storage building. The building sat on a concrete slab. The victim was working from an aluminum extension ladder putting the finishing touches around the roof beams near the front of the building. The contractor and the ladder fell backwards to the concrete floor where he suffered massive head trauma.

Electrocution from a Ladder

A 32-year-old worker was electrocuted when the metal ladder he was carrying contacted an overhead power line. As the co-workers were beginning to clean up the job site at the end of the work day, the victim picked up a metal ladder to carry it to the work van.

While the victim was carrying the ladder upright to the van, the foreman and several co-workers verbally warned him about the overhead power line. Several seconds later, the victim's ladder made contact with the overhead power line and the victim fell to the ground.

Case Reports of Falls Investigated by OSHA

An employee was climbing a 10 foot ladder to access a landing which was 9 feet above the adjacent floor. The ladder slid down, and the employee fell to the floor, sustaining fatal injuries. Although the ladder had slip-resistant feet, it was not secured, and the railings did not extend 3 feet above the landing.

Shhhh! -- Just for Night Shift

Do you need to renew your BLS for Healthcare Providers card? Do you



work nights? Do you wonder why you need to show up at noon on the first Wednesday of any month to complete your skills testing session? We have something for you!

If you need to renew your BLS card, follow these instructions:

1. Email staffdevelopment@bartlettshospital.org and tell us you want to take the online BLS class.

2. Go to SwankHealth and under EVENTS, register for a BLS - Online Part 2 Skills Checkoff.
 - a. Check-offs are held on the first Wednesday of every month between 1100 and noon.
 - b. **OR**, for our nightshift friends, Education will help make arrangements so you check off at NIGHT with one of our *nightshift* instructors -- if you include that information in your email.
3. Staff development will assign the online course.
***** NOTE:***** You will not be able to access the online BLS course under the regular course listings until it is assigned.
4. Go to "MY ASSIGNED TRAINING" on your home page in SwankHealth. You will see the course listed.
5. We will notify our nightshift instructors and they will contact you to set a time for your skills testing.

Please use SwankHealth for your CPR/BLS card renewal via online review & test. SwankHealth does not require a credit card payment.



High School students helping out at a booth explaining our Safe Sitter Class. (Photo courtesy Laura Stats)



Please Use PAS Security Doors

By Sheila S. Bradford
Director, Patient Access Services

Please always encourage your staff members to utilize the security doors to enter the PAS offices instead of passing through the individual registration offices.

Recently there have been a high number of BRH staff members who walk through the registration offices, even during patient registration.

Each department has been assigned an access code for the security doors into both Patient Access areas. If you do not know your department's code, please contact Mike Lopez and share this with your staff members.

All departments may utilize **9876** for

the upstairs office until our access control device is repaired.

Compliance Corner

By Sara Parker

Do you know how to reach your Compliance Officer??

- Enter an Occurrence Report
- Call Sara Parker at 796-8718
- Call the Compliance Hotline at 796-8618
- Email sparker@bartlethospital.org
- Send an anonymous letter to Sara Parker (Compliance/Risk Manager) via US Postal Service
- Place a written NOTE under the OFFICE door of the Compliance/Risk Manager

Wildlife Cruise Saturday, June 7, 2014



Tickets: \$50 adults; \$30 kids
Available at:
Blue Heron Gifts at Bartlett – 523-0825,
Bartlett Foundation at
463-5704, or email brhfound@gci.net
Online at www.brhfoundation.org

Don Statter Public Boat Harbor
Boarding at 12:45 pm
Returning at 4:00 pm

This cruise is generously donated by Allen Marine Tours in support of Bartlett Regional Hospital Foundation.



"The generosity of thoughtful people measures the worth of a community."

Nurses Graduate S.A.N.E. Training

Congratulations to these dedicated nurses for completing training to become Sexual Assault Nurse Examiners. (Photo courtesy CeCe Brenner)

