October 7, 2015

Celebrating BRH
By Your Employee Celebration Committee

Meditech B.E.H.R. CARE
Are you READY to go LIVE on 12/1/15? Be on the look-out for more information, training details, and super exciting hospital-wide activities coming soon!

October Fest
October Fest Employee Celebration was a wonderful success. Thank you to our Board Members, Senior Leaders, Directors and Managers for serving food!

Shout Outs
“Thank you to all of you for the Autumn Fest! Nice to feel appreciated!! Thank you also for making it available to night shift!”
- Ami, OB RN

“This is great! Thank you to the celebration committee!”
-KK

“Thank you so much! Everything was fine to the taste!”
-Paula Williams, H.T. (ASCP), B.I.S., MIS

“Thanks, the breakfast was delicious.”
-Cheryl Buchhorn, RRC

“Thanks to Dr. Eric Olsen for donating an exam room table to RRC.
And thanks to MHU and RRC staff for implementing multiple changes within a short period of time to improve patient care and meet regulatory requirements.”
-Jenna Hiestand, MD

“Shout-Out to Bethany Rogers: In addition to the incredible amount of work she already does, Bethany is juggling two FT vacancies and making it look easy! We know it isn’t, though. She puts in long hours and is dedicated to excellence despite the many challenges. You are valued and appreciated!”
-The Quality Department

Emergency Department to Get Ultrasound Machine
By Rose Lawhorne

The Emergency Department has been approved for an ultrasound machine.

This capital purchase will provide providers and nurses with the ability to complete urgent ultrasound exams through the ED.

Elusive veins cannot hide as easily from our magic vascular wand. We can complete obstetrical evaluations urgently to reassure parents of healthy babies, or detect internal bleeding.

We can evaluate cardiac function and evaluate trauma patients immediately on arrival for internal injuries that could be life threatening.
This piece of equipment is an outstanding resource and will help us provide better care for our patients who present to the ER with illness or injury.

5.3.1 Meditation Group

The 5.3.1 Group meets Mondays and Thursdays at noon in the Meditation Room across from the Blue Heron Gift Shop. Everyone is invited.

HR Notes
By Kelly Mercer

NEW EMPLOYEES!
Christie Bentz, Physician’s Assistant
Taimur (TK) Khan, Social Work Case Manager
Sarah Walden, PRN Level II (Med/Surg)
Lindsay Snider, CNIII (OR/SS)
Hien Tran, PAS Representative
Cynthia Berlanga, Clinical Lab Scientist I

Classifcation & Compensation Project – Next Steps
HR received requests from about 70 employees asking for another review of their title and/or initial DBM ratings. Thank you!

What happens next?
Employees that submitted a request should have received an acknowledgement email. Do you think you submitted one and didn’t receive an email? Let us know.

Requests may require follow up meetings, desk audits, interviews and additional information.

HR asks for your patience and wants to assure all that nothing will be implemented/finalized without a thorough review and communication.

As you may recall, we are still waiting to hear the outcome of the Rural Demonstration Project legislation prior to moving forward.

In the meantime, if you have questions or concerns, drop by the HR office or send us an email.

Certification Pay – Deadline Reminder
Do you plan on submitting a certification for bonus pay? Deadline to get a copy to HR is December 31.

Use that Personal Leave!
Have you been a full or part-time employee since January 1? If so, do you plan on using at least 120 hours (pro-rated for part-time) of personal leave by December 31? Make your plans now or talk to your supervisor!

Performance Evaluation Time!
2015 Performance Evaluations are being updated and assigned in Taleo with a completion due date no later than November 30.

RRC Opens Fitness Room
By Miriam Jensen

RRC is pleased to announce the opening of the new fitness room located on-site at Rainforest Recovery Center, complete with treadmill, elliptical, weights of various kinds, yoga mats and other materials.

Exercise is a vital part of healing from a disease such as addiction. Patients add music and share skills with “exercise buddies” and learn a new way to improve their recovering health, and sober social skills.

RRC previously had outdated machinery. Much was inoperable and irreparable.

This new fitness room changes everything! Our Senior Leader, Billy Gardner, worked closely with Heather Gilchrest, BA, Recreation Counselor, to gain funding for the project. Susan Gardner assisted with pricing and acquisition. Thanks to the Facilities Department for their quick installation – it all has resulted in so many patients adding exercise and yoga/meditation to their recovery efforts.

In the picture is Mim Jensen, Kelvin Schubert, Janell Meade, RN, Anna Isakson, RA, Stefano DeLuca, LPN, Billy Gardner, CNO, Dennis Starr, and Heather Gilchrest, BA recreation therapy.
Post 25 American Legion Baseball Team Goes Far!
By David Cesar

We were the last Alaska team playing legion baseball by qualifying for the N Cart tournament in Lagoon, Utah. This would not have been possible without the help of the sponsors, one of them being Bartlett Regional Hospital.

League record: 16-2
State tournament in Anchorage: 3-2
N Cart tournament: 1-2
Overall record: 29-6

New Psychiatrists Join Behavioral Health Services

Dr. Jenna Hiestand joined the Bartlett Behavioral Health Services Team as Medical Director, in June of this year.

She comes to BRH from Portland, Oregon, where she was the Medical Director and Lead Psychiatrist at Brookside Medical Center.

Dr. Lucas Henry joined us in early September after bicycling across the US from his previous home in Connecticut. There, he was an instructor at Yale University. (He admits he rode the ferry up from Washington State).

Dr. Henry is Board Certified in General Psychiatry and Child and Adolescent Psychiatry.

He sees a growing need for behavioral health services in our community, “My aim is to really just do what I can to try to help the community of Juneau. I take that one person at a time…one family at a time…and I go from there.”

Please welcome Drs. Hiestand and Henry to the Bartlett family!

Risk Management
By Beth Mow

Communication and Compliance

Good communication is critical in every organization. The purpose of open communication is to ensure that the hospital has the benefit of everyone’s eyes and ears to identify and correct compliance vulnerabilities.

When a concern is identified, be sure to communicate the results, including any protocols developed to correct identified risks to relevant staff, board members, and vendors. Completing this communication loop not only demonstrates the organization’s commitment to compliance, but also allows the appropriate parties to learn from the issue.

Dr. Hiestand is passionate about understanding the patient and factors influencing them.

She finds the behavioral health team at Bartlett “extremely caring, patient-focused and really dedicated.”

Dr. Hiestand is Board Certified in Psychiatry and Psychosomatic Medicine, and as a Forensic Evaluator.

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Please welcome Drs. Hiestand and Henry to the Bartlett family!
Do I have to do any online training?
Yes. You will be assigned training the beginning of October that you will need to complete before going to your fundamentals class. You will find the training in Swank under your assigned courses.

How long will the online training take me?
It depends, but you should allow a couple hours to complete the training.

Do I have to do the training all at one time?
No, you can do each of the modules separately.

Can I do the training from home?
Yes, you can access Swank at home by going to www.swankhealth.com/brh.

You should discuss this with your manager.

What do I do after I finish the online class?
Print your certificate and bring it with you to your fundamentals class. You will need to give that to the instructors before the class begins.
Are the trainings mandatory?

Yes, the new Meditech system is very different from our current system and all staff must have training before December 1.

Do I have to do anything else after I sign up in Swank?

YES. You need to let your manager know by adding a calendar in API for SCHED ED for the time in your classes so they can make sure we have the units staffed.

Live Training
October 19- November 30

Time: Sessions available throughout the day and evening

Location: Room 203A in the Administration Building

What you need to sign up for in Swank to attend in person

All Nurses MS, CCU, OB, ED, MHU, SUR, DI, INF

Meditech Fundamentals Class for Nurses
This is the basic course for all nursing. Each nursing department also has a specific class for their department. You will need to attend one of these classes. You do not have to attend the trainings for your float units; only your home unit.

OB—Meditech OB Specific Training for RNs

CCU/MS—Meditech Med/Surg CC Specific Training for RNs

Surgical Services—Meditech Surgical Services Training

Another Quality Award from Mountain-Pacific Quality Health!

This year marks the fifth year that Bartlett Regional Hospital has been honored with the Commitment to Quality Award from Mountain-Pacific Quality Health.

A Few Reminders:

From Debbie Gleaton:

Celebrate National Healthcare Food Service Week Oct 5-Oct 11!

Food and Nutrition Services: for all you do, we appreciate you.

From Mike Lopez:

On October 15 at 10:15am, Bartlett Regional Hospital will be participating in the 2015 Great Alaska ShakeOut.

Remember to:

Drop, Cover, and Hold On

From Sue Gardner:

Materials Management wants you to remember that October 4-10 is National Healthcare Supply Chain Week.

October is full of healthcare observances, so don’t forget to use the Buzz to let everyone know what your department is doing to celebrate your special week. Use the Buzz all year long to keep your co-workers informed!
Had Your Flu Shot Yet?

It’s not too late!

**Case Management Physician Advisors**
*By Jeannette Lacey Dunn*

BRH signed a contract with Resonant Physician Advisors last week. They will serve as consultants to BRH through the Case Management Department.

We look forward to collaborating with the physician advisors who will offer guidance with decision making regarding admission status, provide coaching with clinical documentation improvement, and will serve as a secondary reviewer and support the appeals process.

This collaboration supports the Institute for Healthcare Improvement’s Triple Aim by lowering costs, improving health and providing overall better care.

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**INFLUENZA VACCINE for Inpatients**

Summary of BRH Nurse Driven Protocol

**October 2015-March 2016**

- **Inpatients Age 6 months and Older**
  - **Dosage:**
    - 6-35 months: 0.25 ml Pedri Fluzone
    - 36 months and older: 0.5 ml
  - **Contraindications:**
    - Severe, life threatening reaction after ingesting eggs or receiving a previous flu shot
    - History of Guillain-Barre Syndrome after previous vaccination
    - Active fever $\geq 37.8^\circ C$
    - Bone marrow transplant within past 6 months
  - **Assess**
    - On admission and prior to discharge
  - **Document**
    - On admission assessment
    - Adult
    - Pediatric
    - MHU
    - SDC Admit
    - Intervention Screen (given, refused, contraindicated).

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**INFLUENZA VACCINE for Staff**

**October 2015-March 2016**

**Flu Shots available in the Gallery:**

- **Wednesday, October 7th 0700-0900**
- **Thursday, October 8th 0700-0900**
- **Friday, October 9th 0700-0900**

More Flu Clinics to come...

If you are unable to make the clinic times, please call Kim Vermedal and schedule an appointment at 8413.

**Night Shift: We will be doing some “roving” cart clinics in the evenings and mornings. As always, I can be available when your shift ends. Just let me know!**

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**This Year’s Health Forum is at Centennial Hall**

*By Jim Strader*

The Cancer Connection Health Forum is back and bigger than ever! Bartlett is again one of the sponsors and many folks from BRH are going to be there.

Plan to attend this year’s Health Forum on Saturday, October 17 from 9:30am to 2:00pm. It’s presented again by Cancer Connection.

This year’s featured presenter will be Dr. Astrid Pujari. Her topic is *Less Stress: Mindfulness and Cancer Prevention*.

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Time to start thinking about your Pumpkin Carving Contest Entry!