Have you been participating in the Big Read and reading Station Eleven alongside many others in town? If you didn’t get a copy from the Infection Prevention or Community Relations offices, you can still get a copy at the library or instantly have access on a mobile device with the “Libby” app and your library card. In the book a flu pandemic sweeps the globe and demolishes most of civilization... can you imagine no more cell phones, automobile or plane travel, or corny emails from me? Though we aren’t expecting anything nearly as devastating as the fictional flu in the book, it’s good to remember that even if the flu isn’t a big deal to you, it can be very devastating to others-

particularly, these people are at high risk:

- Children younger than 5, but especially younger than 2
- Adults 65 and older
- Pregnant women
- Residents of nursing homes and long term facilities
- People who have asthma, chronic lung disease, heart disease
- People with a weakened immune system due to disease or medication (such as people with HIV or AIDS, or cancer, or those on chronic steroids)

If you fall within one of these vulnerable groups or are dedicated to keeping these folks healthy in our tiny community, you can get your flu shot this week-at the Thursday blood draw, or ask me about a free flu shot card to use at Costco.

-Jess Brown, Wellness Coordinator

Flu Shot Update

As of October 5th, we reached the 500 mark for flu vaccinations, the highest vaccination rate ever.

Some stats (10/5/17):
64/80 MD’s, NP’s, PA’s.
12/12 Students.
20 people have submitted declinations/exemptions.
10 have met with me about masking.

Please get your flu shot by October 15th! (Entrance into the drawing for 20,000 AK airline miles is going until 10/15)

Declinations or exemptions are due to Infection Prevention on that same date. (But please don’t leave me in suspense, I do need to meet with you to review masking information) Here is the link to policy tech regarding the Influenza Vaccination Policy. Masking starts October 16th and lasts through March 31st.

-Charlee Gribbon RN, BSN, CCRN, Infection Prevention/Employee Health

Chief Clinical Officer Billy Gardner gets his annual flu shot
We’ve started a new social and traditional media feature: #PeopleofBRH. Modeled after a similar initiative at the City and Borough of Juneau, the goal is to introduce members of our Bartlett Regional Hospital employee community to the greater public.

In honor of Case Management Week October 8-14, the latest featured employee is Amy Deer, RN, Case Manager since 2014

“I work in the case management office doing case management utilization review and clinical documentation improvement. We try to make certain here at Bartlett that all the pieces are in place for our patients to have as safe a place as possible to go and that things are ready for them when they are discharged. We work heavily with various community agencies and services. Many of us in Case Management are involved in the community outside of work, making sure that services are available to people who need them in the community.

I have honestly never worked with a better team of people. I really feel like we make sure that we have each other’s backs. Even if something comes up last minute our team pulls together. As a mother with other responsibilities it really makes working pleasurable.”

-Amy Deer

If you’d like to recommend a colleague or be a “person of BRH” please contact Katie Bausler-kbausler3@bartletthospital.org

**People of BRH**

**Compliance Corner**

Confidentiality of Patient Information, 9530.001.

According to the policy, examples of unauthorized disclosures of confidential patient information can include, but are not limited to:

- Discussing patient care or status in a public place with no regard of who may overhear the conversation.
- Revealing information concerning a patient to anybody other than BRH staff who have “need to know” in order to complete their job.
- Examining electronic or printed medical information without the patient’s written authorization when a “need to know” does not exist. (E.g. unwarranted viewing of the medical records of coworkers, friends or neighbors).

Most of us carry cell phones with us, and many of us use social media applications on them such as Facebook, Snapchat, or Instagram. With the ease of sharing information over our cell phones, it is important to remember that recording or sharing confidential patient information electronically is also prohibited by this BRH policy in accordance with federal and state laws.

If you have any concerns or questions regarding confidentiality of patient information, please remember that the compliance hotline is always available to call on an anonymous basis, 796-8618. Or you can email Compliance Office Denise Plano at dplano@bartletthospital.org.

Bartlett Hospital Compliance Hotline: 796-8618

**Patient Safety News**

The Next Patient Safety Meeting is: November 1st at 1PM in the Board Room.

Please join us in our commitment to make BRH the safest hospital for patient care!

Do you have a patient safety tip you would like to share in the Buzz? Contact Mary Crann Risk Manager and Patient Safety Officer at x8718

The next meeting is November 1st at 1PM in the Board Room. Please join us in our commitment to make BRH the safest hospital for patient care!
S.E.E. 2017: STEM
A networking event for teachers and STEM community members on Tuesday, October 17 from 5-7 pm at the JACC

We would like to invite teachers and professionals involved with STEM (Science, Technology, Engineering and Mathematics) to collaborate over a fun evening. The two-hour event is intended for idea sharing, networking, and brainstorming ways to connect STEM professionals with nearby classrooms, in order to excite and engage students by bringing STEM to life.

The gathering will unite Alaska Native culture-bearers, people who use STEM in their daily work, and those who apply STEM less formally, with teachers. This could include carpenters, scientists, Tlingit elders, health care providers, electricians, photographers, architects, engineers, naturalists, science storytellers, and/or people who work outdoors - with boats, fish, trees, and animals. In other words, STEM fields in a broad sense!

Food, drinks, and door prizes will be provided through contributions from NOAA, McGivneys, and others in the community.

SouthEast Exchange is a new collaboration started by scientists and school teachers, in conjunction with the Juneau STEM Coalition and JEDC. Its broad mission is to share ideas, experience, and knowledge within our community and, particularly, to facilitate connections among professionals and teachers to enrich education for Juneau students.

We are kicking off our collaboration this fall with an event focused on STEM fields, but hope to expand in future years to events that connect teachers with art, history, and writing professionals.

For more information, visit our website at
https://southeastexchange1.wixsite.com/southeastexchange, call Brenda Taylor at 321-1433, southeastexchange17@gmail.com juneaustemcoalition@gmail.com

TEAM TRAINING

What is TEAM?
It is one of BRH’s trainings to help protect and defend yourself or others against aggression in the workplace with approved techniques.

Who can take it?
Anyone. Just go online to SWANK and register.

Why Now? We are now offering a twice monthly session where you can work with fellow BRH employees one on one to practice your TEAM training skills after you have taken your initial team training class. It will be led by TEAM trainers. We will be using real life scenarios to help bring relevance to the training and give a refresher on TEAM skills. We feel that once a year is not enough to recall the skills and movements to protect ourselves should we face aggression. Please join us if you think you need a refresher and spread the word.

Where and when does it start?
October 13, Friday and October 24, Tuesday at 0730 in Physical Therapy on the second floor.

Will this be offered in the evening?
Yes, if we get enough participants and interest then will be offering this in the morning and evening.

Looking forward to seeing you there!

-Ariel Thorsteinson, BSN, RN

NEW EMPLOYEES!

October 9, 2017

Michelle Haruzi – Insurance Verification Specialist, Bartlett Surgery & Specialty Clinic
Kristyn Johnson – Certified Nurse Aide I, Critical Care Unit
Ashley Ross – Certified Occupational Therapy Assistant, Rehabilitation Services
FOR SALE AT THE HR OFFICE!

We have a variety of sizes still available: XS, L, XL, 2XL, and 3XL.

And Stadium Blankets!

Bartlett Regional Hospital is live on Facebook and LinkedIn, and we are spotlighting recruitment opportunities weekly on both sites. Follow us to catch all the updates, and like and share the posts to help spread the word. If an applicant provides your name as a referral for a hard to fill position and is hired, you could receive up to $5000.00. For additional details, please see policy 9400.914 Employee Recruitment Incentive Program on PolicyTech.

Did you Know?

We are ‘walking for turkeys’ this month- here are some fun ways to get more steps: park at the far end of the parking lot, take the bus (just walking to and from the bus stop will bump your steps), walk to your co-worker’s office instead of calling or emailing, take your fifteen minute break outdoors around the block, use the ‘Libby’ mobile app and your library card to listen to audio books on your phone while you walk at lunch, or relieve your family members or friends of a couple dog walks and do it instead. –Jess Brown, Wellness Coordinator

High-five to RRC and the Case Management department for excellent inter-agency collaboration to help lead innovative social programs, and to Jeannette for the awesome tour of “housing first,” Forget-Me-Not Manor. - TK Khan, Behavioral Health Clinical Therapist (Casual) Rainforest Recovery Center
**BARTLETT REGIONAL HOSPITAL’S DENIM DIVA’S DENIM DAY**

Bartlett Regional Hospital’s Denim Diva’s Denim Day is a Breast Cancer Month Awareness opportunity for Bartlett employees to wear blue jeans on Fridays during the month of October in support of the American Cancer Society’s Relay for Life in Juneau AK.

We are asking for Bartlett employee’s to donate $5.00 for 1 Friday or $20.00 for all 4 Friday’s to the American Cancer Society. In exchange for your donation you will receive a sticker for 1 Friday or pin 4 Fridays.

You can also do this All YEAR through payroll deduction.

Pins & Stickers Available In the SEPS Billing Office & HR Office.

For more information about this fundraiser or to support/join Bartlett Regional Hospital’s Denim Diva’s Relay For Life team: Rachel Wasserman – 2017 Team Captain - ext. 8924

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**CAPITAL CHAT REMINDER**

Bartlett Regional Hospital has a regular slot on the KINY community radio forum Capital Chat on the second Monday morning of each month. The next opportunity is Monday, November 13, 8:30-9 a.m. This is a great opportunity to get the word out about your department, events or initiatives to share with the community. To book, please contact Community Relations Director Katie Bausler kbausler3@bartlethospital.org.

**TOYS FOR KIDS (OF ALL AGES!) REMINDER**

Members of the Southeast Alaska Panhandlers motorcycle club returned to the Valliant building basement with another load of stuffed soft toys to comfort patients. Thanks guys! And thanks to Shawn Nolan for making a nice home for our furried friends. Just come on down and pick up some to have on hand for your department!

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**Thank YOU Baskets**

In recognition of the end of a busy and sometimes stressful summer, the Employee Engagement Committee delivered basket of goodies to departments. THANKS EVERYONE!
Halloween Events

COSTUME CONTEST
Choose a theme as a department, and dress up on October 31st. Be on hand 10:00 – 12:00 for the engagement committee to stop by and take a photo, or email your own team photo to Kelly Mercer by Wednesday, November 1st.

Employees will vote for the winner!

Winning department will receive a pizza party & be announced in the Bartlett Buzz. Please remember to use good taste in planning your costumes (professionally appropriate), be sensitive to patient care and HAVE FUN!!

PUMPKIN CARVING CONTEST
Presented by Food & Nutrition Services
Pick up your department pumpkin from the cafeteria on Thursday, October 26th

Return your finished creation on Tuesday, October 31st by 10am. All Employees – come and judge during lunch between 11am-1pm. Top 3 winners will be announced at 2:00pm.

TRICK OR TREAT!
Tuesday, October 31st take time to trick-or-treat around the hospital, celebrate with your team members and be on the lookout for the Engagement Committee’s cart of treats making the rounds.

-Your Employee Engagement Committee