March 10, 2017

Bartlett Regional Hospital’s Diabetes Education department is supporting a showing of the acclaimed documentary Fed Up at the Goldtown Theatre March 20-25.

In her documentary feature debut, executive producer and narrator Katie Couric joins Laurie David (An Inconvenient Truth), Regina Scully (The Invisible War) and Stephanie Soechtig (Tapped) to explore why, despite media attention and government policies to combat childhood obesity, generations of kids will now live shorter lives than their parents.

Upending the conventional wisdom of why we gain weight and how to lose it, Fed Up unearths the dirty little secret the food industry doesn’t want you to know- far more of us are sick from what we are eating than anyone has ever realized. The truth is, only 30% of people suffering from diet-related diseases are actually obese; while 70% of us — even those of us who look thin and trim on the outside — are facing the same consequences, fighting the same medical battles as the obese among us.

Following a group of children for more than two years, director Stephanie Soechtig achieves a profound intimacy with them as they document their uphill battles to follow the conventional wisdom, 'diet and exercise', in order to live healthier, fuller lives. They are undertaking a mission impossible. In riveting interviews with the country’s leading experts, Fed Up lays bare a decades long misinformation campaign orchestrated by Big Food and aided and abetted by the U.S. Government.

Thirty years ago the U.S. Government issued its first ever dietary guidelines and with it one of the greatest health epidemics of our time ensued.

Fed Up is showing Mon and Tues March 20 and 21 at 7:30pm, Fri March 24, 5:00pm and Sat March 25, 4:30pm at the Goldtown Theater. Admission is free with a healthy canned food donation or a monetary donation to the Food Bank.

Year of Kindness Kick-Off

Along with the Employee Engagement committee, the Education, Quality and Food and Nutrition departments will kick off Bartlett participation in the 2017 Juneau Year of Kindness the week of March 19-25.

Food and Nutrition Services plans Random Acts of Catering, such as placing cards on patient trays with inspirational messages. The EEC, Quality and Education staff
plan on welcoming employees with CARE and Kindness that week. The EEC may also take a Kindness Surge week during the visitor season.

Departments including the CCU, MHU, ER, and Rainforest Recovery, have also committed to Kindness Surge weeks throughout the year.

If you or your department is interested in participating in the YOK, please contact Community Relations Director Katie Bausler at x8567 or kbausler3@bartletthospital.org.

For more information about the Juneau initiative, see this Random Acts webpage: http://www.randomacts.org/news/juneau-year-kindness/

Cardboard Recycling!

The Environment of Care subcommittee is working on general recycling issues for the remainder of 2017. We have already been successful with the implementation of cardboard recycling, which started in November of 2016. To date, this program has reduced the total poundage of waste from Bartlett Regional Hospital by 12,300 pounds. Cardboard makes up forty percent of Bartlett’s waste.

Recycling corrugated cardboard not only keeps unnecessary waste out of our landfill, but saves money. Bartlett is now saving $3,5000 dollars per month in shipping costs.

Stay tuned for a survey monkey on recycling at our facility. Here are two useful websites on local and regional recycling:
http://www.wmnorthwest.com/landfill/capitol.htm

Please be a champion and part of the solution. And keep a look out for the upcoming survey.

- John Fortin

Shout Outs!

The lab would like to give a shout out to Dennis Hall, R.N., for drawing a vancomycin on a patient when our only phlebotomist was super busy with ER draws. Thank you! Thank you!

-Bobbie Jo Benning, MLS

Compliance Corner

Why does Bartlett Regional Hospital have a Compliance Program?

- Overall increased complexity of health care has led to increased scrutiny
- Having an effective compliance program helps to avoid or minimize legal or regulatory penalties and potential civil litigation
- It is a MANDATORY condition of participation in the federal health care programs (Medicare and Medicaid)

Bartlett Hospital Compliance Hotline: 796-8618

-Denise Plano MHA MSN RN, Director of Quality, Compliance Officer
Daily Huddles began March 8th

Denise Plano, Director of Quality and Compliance

As part of our commitment to continually improve, Hospital Safety Huddles are now happening daily. The objective is to improve communication and teamwork throughout the hospital. The Hospital Safety Huddle allows all units of the hospital to efficiently disseminate situational information in a quick 10 to 15 minute stand-up meeting.

Here’s a recap on the basics:

**Who should attend?**
A unit director/manager or designee. All units are expected to be represented.

**When will the Hospital Safety Huddle occur?**
Each weekday at 10:00 am sharp.

**Where is the Hospital Safety Huddle held?**
In the CCU waiting room.

**What will be reported?**
Looking at safety issues in the past 24 hours, and any anticipated safety issues in the next 24 hours, each unit will briefly share information about worker, and patient safety concerns.

A Hospital Advisory Group of managers and directors developed how the Hospital Safety Huddle runs and is monitoring for possible enhancements to the meeting format. Please contact them with questions or feedback as we roll out this initiative.

**Thank you,**
Chuck Bill, CEO

March 26-April 1, 2017 is Health Information Professionals Week

Per AHIMA, Health Information Management (HIM) an allied health profession, leads efforts to ensure the availability, accuracy, integrity and security of all data related to patient healthcare encounters. This results in better clinical and business decisions that enhance healthcare quality. HIM professionals work in multiple settings including hospitals, clinics, physician offices, government and health insurance agencies and other organizations. They play a key role in the effective management of health data necessary to deliver quality healthcare to the public.

Bartlett’s Health Information Management Department (HIM), also known as Medical Records, exists to promote quality patient care by maintaining and managing health information in a timely manner. The staff ensures all medical information is maintained in a confidential manner, as well as providing patient access to records in accordance with patient rights. The services provided by HIM include record storage, retrieval, assembly, analysis, coding, abstracting, medical transcription, and inputting birth data to aid in the preparation of birth certificates for the Bureau of Vital Statistics.

Our staff is responsible for checking each file that comes into the department for completeness and accuracy. We do analysis for all inpatient, mental health unit, emergency room, short stay surgery, observation visits and clinical visits. We provide transcription service for the hospital including transcription of History and Physicals, Discharge Summaries, procedure notes, consults, operative reports, sleep studies, as well as oncology specialty clinic visits. We also do coding and abstracting for all revenue generating departments in the hospital. Everyone in the
HIM Department is dedicated to Bartlett Regional Hospital’s Core Values of Caring, Accountability, Respect and Excellence.
-Rachael Stark

Foundation News

The Bartlett Foundation, in partnership with Juneau Home Schools, is happy to host BRH Kid Art on Friday April 7 starting around 5pm. Artwork made by students will be on display in the Gallery. The plan is once again to have the artwork placed throughout the hospital after the show for the enjoyment of patients and staff.

March is National Social Work Month

Social workers stand up for millions of people each day. They stand up by comforting people who are experiencing devastating illnesses and mental health crises, ensuring they get the best care while on the road to recovery. They stand up and support our brave military personnel, veterans and their families. They work in communities and with national, state and local government to provide services and pass legislation to stand with and help the most vulnerable.
- Jeannette Lacey Dunn, Director of CM

Food and Nutrition Buzz

Please help recognize the amazing Social Workers we have working at Bartlett Regional Hospital and Rainforest Recovery Center standing up for those in our community, our region, and across our state, the country, and around the world as those make their way to Juneau find themselves experiencing challenging medical or mental health crises or seeking substance abuse treatment.

THANK YOU:
Bobbie Jo Anderson, CM Medical
Heidi Brocious, CM Casual
Holly Cockerille, CM Medical
Andrew DeFeo, CM MHU
Morgan Erisman, RRC
Karen John, RRC
TK Khan, RRC
Jeannette Lacey Dunn,
Natalie Norberg, CM Casual
Alix Polanski, CM RRC
Lena Wheeler-Highland, CM MHU
Christa Womack, CM Emergency Department

Bartlett’s Food Service Department is proud to now offer Sentinel Coffee! Sentinel is a boutique roaster, located close to home, in Gustavus, Alaska.

Sentinel coffee is roasted in small batches on a weekly basis. You can taste this freshness! Only high quality organic beans, sourced from around the globe are available. Sentinel's coffee will be available in both the cafeteria and on patient menus. It is also available for your department and will keep you charged all day long. Enjoy!

Bartlett Regional Hospital is celebrating National Nutrition Month all month long with the following activities:

1) Tasty Tuesday’s – every Tuesday, samples of plant based recipes will be offered in the Bartlett Cafeteria during lunch.
2) Meatless Menu – March 9th, Bartlett’s kitchen featured new plant based recipes.
3) Educational displays will be available in the cafeteria and the main hallway throughout the month.
4) On March 14th at 12pm, Kari Natwick, Dietitian and Bartlett’s Director of Food and Nutrition Services, will be presenting a lunch and learn on Nutrition and the Microbiome. (RFV Building)

5) On March 21st, Theresa Reynolds, Bartlett’s Nutrition and Dietetic Technician, will be teaching a cooking class for teens at the Zach Gordon Youth Center.

Come and join us! Put your best fork forward and be healthy!

-Kari Natwick RDN, LD Director of Food and Nutrition Services

In December, a patient’s shoes were temporarily lost somewhere between her admission to Bartlett and subsequent discharge. A valiant effort to find her shoes was made by staff in many departments however at the time of discharge the patient’s shoes remained lost. According to the patient, a nurse generously offered the patient a pair of his/her own shoes (pictured above) to wear home. It was a cold winter evening and the patient’s feet were kept warm and protected on her ride home.

Shortly after the discharge, there was a facility-wide, “all hands on deck” search for the elusive shoes. The effort was a success and the shoes were promptly delivered to the patient’s home. The patient was thrilled to have her shoes and she expressed gratitude for the amazing care she received at Bartlett. She had been very sick, had no family in town, and felt that “Bartlett had saved my life.” She was especially touched by the selfless generosity of the nurse who gave up a pair of his/her own shoes.

While we made a mistake by misplacing this patient’s shoes, the most important part of this story is that a staff member felt empowered to find an “out of the box” solution and the patient went home feeling cared for and happy. We would like to provide a small reward to the selfless, generous and quick-thinking owner of the shoes pictured above in celebration of customer service excellence. If you are the owner, or you know who s/he is, please email or call the Risk Manager. –Greta Wade

New House Calls is Out

The latest edition of House Calls is out, cover photo by Pat Costello, taken at Sandy Beach, Christmas Eve morning 2016. Feature articles are on the Hospitalist program, Behavioral Health and the anti-dementia diet.

We are seeking article ideas and submissions from YOU for the upcoming Summer issue. Contact: Katie Bausler, 796-8567, kbausler3@bartletthospital.org
Fleece Vests – HR has cozy bright blue vests for only $10 each. We have a variety of sizes still available: XS, L, XL, 2XL, and 3XL.

Spread the Word!

Bartlett Regional Hospital is live on Facebook and LinkedIn, and we are spotlighting recruitment opportunities weekly on both sites. Follow us to catch all the updates, and like and share the posts to help spread the word. If an applicant provides your name as a referral for a hard to fill position and is hired, you could receive up to $5000.00. For additional details, please see policy 9400.914 Employee Recruitment Incentive Program on PolicyTech.

Environment of Care Committee Introduction and

Patient Safety Awareness Week (March 12 -18) Information

ON PAGES 7 AND 8!
WHAT IS THE ENVIRONMENT OF CARE COMMITTEE?

It is made up of employees like you.

This group monitors seven environment of care programs and their impact on the health and safety of our patients, employees, visitors and the environment.

- Fire Safety
- Safety
- Utility Systems
- Medical Equipment
- Security
- Hazardous Materials
- Emergency Management

If you are interested in what the committee is working on the meeting minutes can be viewed on the w:drive, EOC then meeting minutes. In addition, if you have an interest in participating on one of the committees please contact Lisa Carlson and she will put you in touch with the committee chairperson.

-Marc L. Walker
March 12-18, 2017 is Patient Safety Awareness Week

In collaboration with the Center for Patient Safety, Bartlett Hospital has made a commitment to patient safety. Together we are placing an enhanced focus on patient safety in recognition of Patient Safety Awareness Week, March 12-18, 2017. Although we are using this week in March to celebrate our patient safety achievements and increase awareness, safe care is our organization’s focus, 24-hours a day, 7 days a week, 365 days a year.

Poster Sessions

Open all week in the 2nd floor Gallery

Nurses and CNAs fill our the questionnaire and receive approved contact hours.

Room of Mishaps Challenge

Come to Med/Surg Room 19 and see if you can identify all the safety errors. Prizes will be given for the a Random drawing of all the staff who identified the most errors and a department gift for the clinical unit that had the most staff to complete an entry.

Tuesday, March 14th 0630-1000
Tuesday, March 14th 1600-1900
Wednesday, March 15th 1100-1300
Thursday, March 16th 0630-1000
Thursday, March 16th 1600-1800

Patient Safety Handling Equipment Rally

Wednesday, March 15th 1100-1300

Location: Back wing of Med/Surg by Room 19

Complete your annual competency skills check off and get hands on practice with all the patient safe handling equipment. Presented by Jo Boehme, OT

Evacuation equipment will be demonstrated by Mike Lopez, Security.

CNA Skill Review and Competency Checks

Come in and complete your quarterly check for your advanced skills

Requirements to maintain your CNA2 level. And learn some new skills.

Administration Building Room 203A

Thursday, March 16th 0630-1030
Friday, March 17th 0630-1030