July 31, 2017

Week of Kindness with RRC

For their Kindness Surge Week, **July 16-23**, Rainforest Recovery Center delivered gift baskets to public servants including JPD dispatch, Probation officers, Office of Children’s Services, The Emergency Department and Capitol City Fire Rescue. A very special delivery person was Houston Laws as the Rainforest mascot, a Narwhal whale!

Departments including the CCU, MHU, and ED have also committed to Kindness Surge weeks throughout the rest of the year.

If you or your department is interested in participating in the YOK, please contact Community Relations Director Katie Bausler at x8567 or kbausler3@bartletthospital.org.

For more information about the Juneau 2017 initiative, see this Random Acts webpage: http://www.randomacts.org/news/juneau-year-kindness/

People of BRH

We’ve started a new social media feature: #PeopleofBRH. Modeled after a similar initiative at the City and Borough of Juneau, the goal is to introduce members of our Bartlett Regional Hospital employee community to the greater public. The latest featured employee is Compliance Coordinator Nathan Overson.

“Practice makes policy. I see myself as a resource, translator or interpreter to make sure that rules are understood and providers have regulatory tools, and to help bridge that gap between law and practice. My role can be to define where the mandatory starts and stops, or to go beyond. The main thing is to be objective.”

-Nathan Overson

Nathan came Bartlett after working in occupational safety and health for Greens Creek mine.

See #PeopleofBRH on the Bartlett Regional Hospital Facebook page.

And---here’s our first “person of BRH”, groundskeeper Shawn Nolan and RRC’s Houston Laws building a garden bed for the RRC backyard!

Compliance Corner

What is the Alaska Anti-Kickback Statute?

Last month in the BUZZ, we covered the Federal Anti-Kickback Statute. This month, we review Alaska specific rules:
It is a criminal offense to:

Knowingly submit, authorize, prepare or assist in submission of a claim with reckless disregard that claimant is not entitled to the property, services or benefit

Confer, solicit, agree to accept, or accept property, services or a benefit in exchange for (a) referring a Medicaid recipient to a provider or (b) a kickback

Not comply with an authorized request for Medicaid records

Knowingly falsify or improperly alter or conceal a Medicaid record

Violate the Medicaid Act or regulations

Bartlett Hospital Compliance Hotline: 796-8618

For more information regarding the Alaska Anti-Kickback and how this is different than the Federal Anti-Kickback Statute contact:

Denise Plano MHA MSN RN, Director

Patient Comments:
Physical, Occupational, Speech Therapy for Q2 201

-She went out of her way to help me.
-*Paula in phys. Rehab is excellent in her skills for my Cranial therapy.

-Donna & Leslie DESERVE a raise for their expertise.

-Kathy is an excellent therapist and has gone above and beyond to assist me in returning to Wellness.

-Kathy was my PT and she was amazing.

-Kathy (PT) was very professional, knowledgeable and caring.

-My physical therapy staff is the best!

-The physical therapy staff is professional, competent, friendly and was a pleasure to work with.

-Bernie is great on the phone and in person.  5 star.

-Kathy is amazing, she made me feel comfortable, sensitive to my concerns, answered my questions - professional in every way.  5 star!

-We are lucky to have this hospital staff as members of our community! Nice people!

-Even received call approx. 10 days later to make sure everything was working out and if I had any questions.

-Clean place.

-VERY PROFESSIONAL.

-Even satisfied.

-The pre-treatment question and survey sheet was thorough.

A Note from the Infection Preventionist

Poor Chipotle was in the news again!

The manager did not enforce the sick day policy and allowed an ill employee to work. That was a bad call, he was ill with Norovirus.

The difficult thing about Norovirus (and viruses in general) is that our diagnostic tests are slower than our ability to pass it around. So, we have to rely on ourselves to assess our health, and really check on how we are feeling. We know how we feel when we are healthy and well. And we know when we are starting to come down with something. That is the key important moment in time, when we can do the most good. At that moment, if we stay away from those that we could infect, we will stop the spread.

In Juneau we have had a recent influx of respiratory illnesses. So far this summer at BRH we have seen many people with complaints or respiratory ailments:

April: 12 cases of Influenza B, 1 case of Influenza A
May: 1 case of Influenza B
June: 3 cases of B, 2 cases of A  
July: 3 cases of B

What this tells me:
Respiratory illness is out there; make sure that you protect yourself, and your loved ones. Wash your hands, cover your cough, and stay home when you feel unwell.

To be included in an awesome drawing for this mask:
http://thebarriermethod.com/
Come to the Infection Control Office or somehow tell Charlee the answer to this question: How is Norovirus spread?  
Drawing will be held August 15th.

You may also find the following link interesting:

-Charlee Gribbon, RN, BSN, CCRN
Infection Prevention/Employee Health

Comings and Goings

Sally Schneider left her position as Chief Behavioral Health Officer for a new job as the CEO of LifeCare Behavioral Health Hospital in Pittsburgh. She made many positive changes to Behavioral Health during her two years at Bartlett. We asked Sally a few questions as part of an “exit interview.” Here’s her answers.

What am I most satisfied with:
Certainly the opportunity to clinically restructure and integrate behavioral health services with team members supporting each other’s care, particularly between the MHU and RRC, was especially satisfying. There is a solid, knowledgeable, cooperative team in place now within behavioral health who will be able to assist other areas in BRH. I am very proud of their growth and commitment to patients.

What needs more attention:
There are well thought out plans in place with the input of many stakeholders over the past sixteen months. These plans provided viable solutions to many long term problems including a lack of space for addiction treatment, the necessity of a single point of entry into the community for evaluation and assessment for addiction, and crisis services for youth with mental health emergencies. Provider recruitment for both physicians and therapists is also essential.

The critical piece now is determining where these services can be provided, build the space, and getting programs up and running. Many times these processes are slow. I would encourage attention to getting started as quickly as possible as there is demonstrated need. It is exciting Bartlett can provide leadership in this area since they are such a critical part of supporting a healthy community.

What am I going on to:
I will be the CEO of LifeCare Behavioral Health Hospital in Pittsburgh. This is a start up concept in a longer term LTACH system in 11 states and offers the opportunity to demonstrate the importance of adding psychiatric acute care for those patients with comorbid physical illness. These patients are very physically sick. In the behavioral health world, it is an unusual specialty. If we can make it work in Pittsburgh, it can be transplanted to other hospitals within their system.

What will I miss the most:
Hands down both the people at the hospital who are so committed to the care of the patients and who support for each other. We have a very committed and talented Board of Directors as well; I will miss their individual perspectives that when combined, demonstrate wisdom. For size and location, this is one of the best emergency departments I have worked with. I will particularly miss the behavioral health team and watching them carry out their new projects and programs.

What did I learn:
I learned a great deal about the unique health care needs in Alaska and the Alaskan health care system, and the importance of assessing your resources and bringing the team together to find solutions. Leaders should never underestimate the importance of recognizing their shining stars and
pulling them together. Amazing things can happen!

Sally’s replacement is Juneau resident Bradley Grigg, who comes to the job with a wealth of experience in the field of behavioral health. More on Bradley in the next issue of the Buzz.

They also expressed gratitude for her role in bringing vital training and grant opportunities. The most recent result is the Health Matters program for diabetes prevention education. In addition to a piece of “Here’s the Thing” cake, co-workers were encouraged to take one of the many laminated encouraging messages that Darcy posted on her door. She noted that when she walked in her office each morning, her eye might well catch the message she needed that day. Darcy’s advice to the new holder of her position? “I would give Nate Soboleff the following advice from Arthur Ashe: Start where you are. Use what you have. Do what you can.”

(More on Nate in the next Buzz)

All the Best Dr. Fischer!

With mixed emotions, I announce that as of July 31st, I am stepping down from the active medical staff of Bartlett Regional Hospital in conjunction with my retirement from Valley Medical Care.

During my 26 years here, I have been privileged to be part of Bartlett’s outstanding team of professionals who care for people at all stages of life, from the joy of childbirth to the sorrow at the passing of a loved one. Those years have been full and incredibly rewarding. I thank the entire staff of BRH for your dedication, your compassion and your ever present willingness to do what needs to be done for those for whom we care. Juneau is very lucky to have each and every one of you.

Dr. Sharon Fisher

Farewell Darcy!

After 9.5 years as the grants writer and coordinator, Darcy Lockhart is retiring and moving onto new adventures. She started volunteering at Bartlett doing healing touch in 2001 and was honored with the Edna Woodman Volunteer Award around 2004.

“I will miss the people most and being part of a community committed to helping others,” said Darcy. At today’s retirement reception, colleagues thanked Darcy for initiating the 531 noontime meditation opportunity with Toni Petrie.
HR UPDATE

Spread the Word

Bartlett Regional Hospital is live on Facebook and LinkedIn, and we are spotlighting recruitment opportunities weekly on both sites. Follow us to catch all the updates, and like and share the posts to help spread the word. If an applicant provides your name as a referral for a hard to fill position and is hired, you could receive up to $5000.00. For additional details, please see policy 9400.914 Employee Recruitment Incentive Program on PolicyTech.

NEW EMPLOYEES!

**July 17, 2017**

- **Holly Hunter** – RN III, Emergency
- **Angie Plaggemeyer** – Dietitian, Nutrition Services
- **Evan Deisen** – Pharmacist, Pharmacy
- **Julia Hedges** – PAS Representative, Patient Access Services
- **Amy Butts** – RN I - Preceptor, Medical & Surgical

**July 31, 2017**

- **Ellie Cary** – IT Support Tech, Information Services
- **Amber Chacon** – Lead CSR Tech, Surgical Services
- **Lindy Ferguson** – RN II, Emergency
- **Bradley Grigg** – Chief Behavioral Health Officer, Executive
- **Carrie Phillips** – Fiscal Technician III, BOPS
- **Ismalia Sickoria** – RN II, Medical & Surgical

Wellness Sunday
Fun on Douglas Island!

About 15 CBJ and Bartlett employees and family members were treated to calm winds and emerging sunshine on the South Douglas Adventure led by Wellness Coordinator Jess Brown on Sunday, July 30th. Jess led us along the Treadwell Trail and down Sandy Beach towards Lucky Me.

The big draw wasn’t a drawbridge, but it was a bridge no less, along with a gorgeous waterfall and
leaping salmon in the creek flowing out to the channel. What a treat!

Rain or shine, Pharmacy Tech Lisa Stewart has taken all 4 Wellness Hikes this summer. At YH points each that’s 20 points. Yeah Lisa!

Here’s a few pix of the day. More photos soon on the Health Yourself Wellness and Bartlett Regional Hospital Facebook pages.

Annual Toy Run Sunday, August 6, 2017

A Note from the Southeast Panhandlers Motorcycle Club

Lineup for the Toy Run in the Donna’s Restaurant parking lot (the parking lot for former Suite 907 and Marlintini’s) for a 1:00 p.m. departure, ending at the Douglas Fire Hall. Or meet us there for burgers and hot dogs from approximately 2:00 – 4:00 p.m.

All bikes and bikers, friends and families, and Toy Run supporters are welcome.
To participate: one, new stuffed toy worth $10 or more, or minimum cash donation of $10, per person.

Stuffed toys may also be donated downtown at the Triangle Club and at Louie’s in Douglas. All stuffed toys will be donated to Bartlett Regional Hospital.