

Bartlett Buzz

July 11, 2017

People of BRH

We are starting a new social media feature: #PeopleofBRH. Modeled after a similar initiative at the City and Borough of Juneau, the goal is to introduce members of our Bartlett Regional Hospital employee community to the greater public community. **If you would like to participate in this initiative, please contact Community Relations Director Katie Bausler.** Kicking off **People of BRH** is our hardworking groundskeeper, Shawn Nolan.



“The best thing about this job is the people. The people who work here, and the people who come here to get taken care of. I know so many people who come in and out these doors. Everyone has their stories. And some of them are pretty hard. But just to know you get to be part of their entrance, either coming up a safe sidewalk in the winter time or coming by in the summer and

looking at all the different flowers, and having a warm welcome. “

Shawn Nolan came to the Bartlett Regional Hospital campus after 18 years at Glacier Gardens. Shawn nurtures, waters and maintains the lovely landscaping, deals with ice and snow removal, keeps the walkways clean and other duties as assigned. Shawn’s list of projects never ends, but he always has a smile on his face.

Check it out on the [Bartlett Regional Hospital Facebook page!](#)

MEDICATION ASSISTED TREATMENT FOR OPIOID ADDICTION INFORMATION SERIES

This month, Rainforest Recovery Center has been hosting question and answer sessions on Medication Assisted Treatment (MAT) for opioid addiction. **The last session is Monday, July 24, 6-7 pm at the Valley Library.**

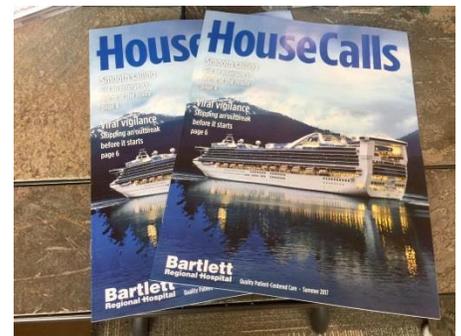
The sessions are intended to define office based opioid treatment and give information about an avenue to help for loved ones with opioid addiction.

The MAT program combines counseling and other recovery supports with prescribed

medications (buprenorphine and naltrexone).

A question and answer period will follow the lecture. All are invited to learn about treatment options available in Juneau for those struggling with opioid addiction.

For questions, please call 796-8690.



The Summer 2017 Edition of *House Calls* is out, with feature articles on the ED and Infection Prevention by Katie Bausler, information about the new Medication Assisted Treatment program by Erin Maloney and the importance of family dinners by Kari Natwick. Thank you Rose Lawhorne, Kim McDowell and Charlee Gribbon for all your help with this issue’s feature articles.

If YOU have an idea for an article or would like to contribute a piece for the Fall edition of *House Calls*, please contact Katie Bausler at kbausler3@bartletthospital.org. Content for the Fall issue is due by the end of July so the sooner the better! Thank you.



Compliance Corner

What is the Federal Anti-Kickback Statute?

It is a criminal offense to:

Knowingly and willfully solicit, receive, offer or pay remuneration:

Directly or indirectly, overtly or covertly

In cash or kind

In exchange for or to induce the referral of any item or service

For which payment may be made in whole or in part

Under all the federal health care programs

A violation of the AKS is a felony and sanctions for violating the AKS:

Fines up to \$25,000 and up to 5 years imprisonment

Imposition of Civil Monetary Penalties up to \$73,588

Federal Health Care Program Exclusion

False Claims Act Liability

For more information regarding the Federal Anti-Kickback Statute contact:

**Denise Plano MHA MSN RN,
Director of Quality, Compliance
Officer**

**Bartlett Hospital Compliance
Hotline: 796-8618**

Patient Satisfaction Surveys (April and May 2017) Emergency Dept. Part 2

-Female nurse - wish I could remember her name - was friendly, re-assuring, informative, helpful, competent, & confident.

*Dr. Kim (from Valley Medical) was the best ER doc. for an 11 yo. you could ask for. His expertise and _____ skill means my daughter's lip will have no scar.

-1st ever ED visit to Bartlett - extremely positive experience. Main RN *Cece was efficient, extremely knowledgeable explained all procedures, kept checking back in with info on next - steps. Concerned about my comfort, privacy.

*Dr. Jones brought news of lab, x-ray results quickly to relieve worry. I was wheeled in the bed to x-ray - he was careful not to bump walls, concern for my comfort, modesty. I went right into triage (only 2 other people, related) were in waiting area.

I think I saw at least 3 nurses aside from *Cece - I remember *Ron introducing himself & 2 others who came & went quickly - all explained what they were there to

do (give a med, assess vital signs discharge summary provided). Info provided toward end of visit.

Very friendly, positive. The nurses I had were courteous and helpful.

My doctor did a good job of explaining what was wrong and what my treatment would be. The person taking my x-ray was very friendly and made sure I was comfortable while _____ x-ray was being taken since my leg was broken.

It was very easy. I had my insurance card on me and just gave it to the person taking it and she brought it back when she was done.

I was very sick and visited the emergency for two nights. All the personell was very helpful. In general it was very helpful thanks.

Saw *Dr. Thompson, he is good and I appreciated seeing him. My visit was earlier in the morning, no waiting and was seen right away.

Follow up visit to remove stitches - nurse was great too. I think her name was *Melody or *Melony (11:30 am on Sunday April 24).

*Dr. MacPherson was great. Good treatment for a cut finger. ER wasn't too busy & was in & out quickly. Staff did an amazing job. Everyone I came into contact with was very sweet & caring. Nurses are fantastic.

The nurse was very good with my



daughter.

Nurse who took my blood had gloves on. No one else examined me.

I was allowed to nurse my infant & keep him w/me the entire time. Excellent! All of them were (courteous), caring and professional!

Excellent! Doctor explained everything to me, and I was impressed by his clear information; he put me at ease - Courteous - handled with care in recognition of my small amount of mobility.

Very very positive!
Great!

Very courteous and professional. I appreciate that I didn't have to fill out paperwork until after my daughter was seen and evaluated. Everyone was fine, was good. Everything OK.

Denim Diva's "Denim Friday's" For RELAY for Life! Get Casual for a Cause



"Denim Friday's" for Relay for Life is an opportunity for Bartlett Employees to wear blue jeans on Fridays in support of the American Cancer Society's Relay for Life in Juneau AK.

This year's Relay for Life is this coming Saturday 07/15/17, 6 pm - Midnight at the Dimond Field House.

We are asking for Bartlett employees to donate **\$5.00** for **1** Friday or **\$20.00** for **1 month** of Friday's To the American Cancer Society.

We can now offer payroll deduction for employees who would rather pay directly instead of going to HR or the SEPS office!

Pins & Stickers will be available in The SEPS Billing Office & HR Office.

For more information about this fundraiser or to support/join Bartlett Regional Hospital's Denim Diva's Relay for Life team:

Rachel Wasserman – 2017 Team Captain - ext. 8924

rwasserman@bartletthospital.org

MEDITECH Minute

"How do I modify an active diet order?"

1. Click on the diet listed in the Current Orders list.
2. Choose your ordering provider and order source.
3. Edit the fields in the current order.

**Hint: The current order will be the one with the grayed out box.*

4. Submit

Order	Status
Regular Diet (DIET)	
<input type="checkbox"/> Starts with Breakfast 0800	
<input type="checkbox"/> Starts with Lunch 1200	
<input type="checkbox"/> Starts with Dinner 1700 (Next Meal)	
<input type="checkbox"/> Starts with Dinner 1700 (Next Meal)	Edited
* Provider	Test, Dictation
* Source	Written/Faxed
* Requesting Provider	Test, Dictation
* Requesting Source	Written/Faxed
Fluid Restriction (in ml)	Written/Faxed
Free water restriction (in ml)	1,500
Diet Modification	
Texture	
Dysphagia Evaluation Liquid Recommendations	

Once the edits are submitted, the audit trail will reflect it.

Audit	User	Event	Event	Event	Ack
07/06/17 12:56	Kincaid, Kirsten	Query Fluid Restriction (in ml) edited:	1,500		N

TAR documentation reminder:

The BBK has been seeing several units documented as 0ml total intake, but with the entire unit infused. Please remember to check your documentation for accuracy before submitting.

Container Volume (default 350ml) (ml)	350
IV Rate (ml)	150
Intake, Blood	0
Product Amount (ml)	
Cumulative Intake (ml)	0
Was the entire unit infused?	Yes



-Joyce Chambers and Kirsten Kincaid (KK) are Nurse Informaticists supporting clinical users of Meditech, and Martha Palicka is the Senior Manager of Clinical Informatics. All can be reached during business hours by calling the Clinical Team at extension x8400. Questions of a technical nature should continue to be directed to the IT Help Desk at x8480.



What Every Worker Should Know:

Protection from Needlestick and Sharps Injuries

The rate of Needlestick Injuries at BRH has increased sharply (so to speak!) in the past three months to 3 per 100 employees; the national rate is 1.9/100 employees. I must stress to you that Needlestick and Sharps injuries can lead to serious or fatal infections.

A healthcare worker can be exposed to a number of blood-borne pathogens. Those that pose the most serious health risk are Hepatitis B (HBV), Hepatitis C (HCV) and Human immunodeficiency virus (HIV) – the virus that causes AIDS. The CDC estimates that 600,000-800,000 injuries occur each year. Unfortunately, the CDC also estimates that about half of these are not reported. That's a lot of wasted worry and time. Let's work

to prevent these injuries from happening.

As the very important partner in making Bartlett a safe and great place to work, your help and commitment is key.

Please:

- 1) Avoid the use of needles where safe and effective alternatives are available.
- 2) Use devices with safety features.
- 3) Never recap needles.
- 4) When handing sharps to others, use a tray to pass the sharp.
- 5) ALWAYS Dispose of sharps and needles immediately after use.
- 6) NEVER leave sharps on the bed or counter where they may be forgotten about and gathered up exposing your coworker.
- 7) Routinely check sharps containers to see if they are full and call EVS to get them replaced.
- 8) Tell your supervisor or myself about any sharps or needle related

hazards you observe.

- 9) Report *all* needlestick and sharps injuries as soon as possible. (Occurrence Reports in the favorites bar of Internet Explorer)
- 10) Help BRH evaluate sharp devices with safety features, and tell me what new products you find so we can evaluate it.

Although all employees in a hospital could be at risk, the following units are at the highest risk: Nursing, Lab and Histology, MD's, Surgical Services, Housekeeping/ Laundry (EVS), Physical Therapy, Radiology, Respiratory Therapy, and Maintenance.

Bartlett Regional Hospital has an Exposure Control Plan that outlines its responsibilities as the employer, and your responsibilities as the employee. Please take a review of it in policy tech.

This document outlines that BRH will provide education and training on blood borne pathogens, supplies with safety engineering devices (IV catheters, needles...). It also states that the Infection Control Committee, led by yours truly: Charlee Gribbon, along with the Worker Safety Committee will analyze ways to reduce needlesticks and other sharps injuries, evaluate compliance with infection control



practices, effectiveness of training programs and safe medical devices for trial or those already in use.

- **Charlee Gribbon, RN, BSN, CCRN**
Infection Prevention/Employee Health

RECYCLING UPDATE

There have been some questions about the current status of recycling at BRH. Here is an update:

Recycling is currently being picked up by REACH, but with any contamination, they may decide to throw away. Currently we have a good system for cardboard and assuring confidential paper is shredded and then recycled. As far as glass, plastics, aluminum, the only option is the bins on the first floor, outside of the lunch room. If items are placed in those bins (and we don't have a bunch of trash) then REACH picks up.

We are really looking at pushing recycling of other product besides paper and cardboard back to the employee/department to set up their own.

EVS does not do all recycling and part of the reason why we contract out.

We can take the paper and cardboard, which have dedicated location by the loading doc. Plastics, glass and aluminum should be placed in the bins by the cafeteria.

-**John Fortin,**
Environment of Care sub-committee

Thank YOU Bartlett Family !

Sara Sjostedt recently graduated with a Masters in Nursing and Family Nurse Practitioner from UAA. Here is her thank you letter to the BRH community and the Bartlett Foundation:

I had no idea when I arrived to take a two year medical surgical job that I was walking into such a special community at Bartlett. I still marvel of all the amazing professional opportunities I have had while working here: the mentorship, the friendships, the challenges, and so many experiences in so many different areas of the hospital.

I don't think so much support and exposure would have been attainable at a big hospital or elsewhere. Through the Bartlett Foundation's generous financial support, and thanks to the Phil and Joyce Edelman Scholarship and Bartlett's tuition reimbursement program, I was able to work towards my Family Nurse Practitioner credentials without up-ending my life and making an out of state move.

I was also able to continue to work part time while in school and complete my training without loans. This was such an unbelievable gift! I plan to practice here in Southeast, supporting local students in health care education is an invaluable way to invest in our community.

I am eternally grateful to the Edelman's for their support and commitment to our community. It has been a privilege to be part of the Bartlett family for the last eight years. Thank you for the support and

mentorship from all my friends and colleagues. I don't think I could have gotten through my program without so many cheerleaders!

-**Sara Sjostedt, FNP**



HR UPDATE

NEW EMPLOYEES! July 5, 2017

Caitlin Cosmian - Forensic Nurse Examiner I, Emergency

Christopher Francis – BHA I, Rainforest Recovery Center

Colin Harris – Admin Clinical Assistant II, Emergency

Christopher Holmes – Security Officer, Security

Sarah Johnson – RN I - Preceptor, Critical Care Unit

Clarissa Prewitt – Physical Therapist, Rehabilitation Services

Elsa Robinson – RN I - Preceptor, Medical & Surgical

