First Baby of the Year in a Boat!

“Building that tiny boat in my wood shop gave me time to reflect on how much of an honor it is to be with so many families during one of the most special times of their life – childbirth. Thanks to all who let me be a part of that experience for the past 24 years.” – Dr. Lindy Jones

Bartlett Beginning’s first baby of 2018, Fathom Jarvill (girl) was born at 6:39 p.m. on January 2 to Bonnin and Robby Jarvill. She was 8 lbs 4 oz and 21 ¾” long.

This fishing family was coincidentally presented with a very special gift, a life-sized wood baby boat/ rocker, hand carved by Dr. Lindy Jones, who is retiring from Valley Medical Clinic. Dr. Jones will continue to work in the BRH Emergency Department. The family’s doctor for the birth was Dr. Nicholas Newbury, DO.

Fathom with mom Bonnin, dad Robby, grandparents Gary and Carolyn Jarvill and big sister Olivia, 5.

The family had high praise for the expertise of Dr. Newbury and Bartlett’s caring nursing staff. “The staff have made us feel incredibly comfortable, they give you lots of time,” said Bonnin. “The best thing has been bringing our five-year-old in here. The nurses have taken her under their wing and she has been with her little sister every step of the way. She got to give her a bath with the nurses and asked them a zillion questions about getting little Fathom’s foot pricked and the hearing test. Olivia immediately took over the boat and has already travelled the world several times in it with her sister.”

Like craftsman and doctor Lindy Jones, Bonnin’s father is also finish carpenter and wood craftsman.

Both Fathom’s parents are commercial fishermen. Dad Robby is also a Glacier Valley swim team coach. He was raised in Sitka, one of three boys. All are salmon fishermen. All were welcoming or awaiting new babies last week. One of Gary’s brothers welcomed a baby Dec. 31 in Hawaii. The other brother was awaiting the birth of a child in Anchorage.

Grandparents, Carolyn and Gary Jarvill (Robby’s parents) were also in town for the birth. Gary is a math and science teacher at Kamuela Prepatory Academy on the Big Island, Hawaii. Carolyn is a labor and delivery nurse at North Hawaii Community Hospital in Kamuela.

Carolyn said their experience at Bartlett Beginnings “couldn’t be better.”
A NOTE FROM OUR LEADER

I want to wish everyone a very healthy, happy, and prosperous 2018. This year can be one of our best ever, but there were great things in 2017 as well. In my mind, there were two major highlights in 2017. The first was the incredible way that staff throughout the organization supported each other and provided great, quality care during our busiest year ever. Every day we heard about different staff members from all departments coming in to help out or floating to areas of high activity. We truly functioned as a team!

The second was the implementation of the full time hospitalist program, led by Dr. Mimi Benjamin, which has grown into an important and integrated component of how we provide care at BRH. Under this program we saw our volumes and complexity of cases and patient, employee, and physician satisfaction all grow.

We also saw great accomplishments in quality of care, antibiotic stewardship, and compliance. I have been very impressed with how the organization, as a whole, embraced all of the change we faced last year.

Let’s use this as a springboard to an even better 2018! Thanks for all you do. –Chuck Bill, CEO, Bartlett Regional Hospital

BRH Makes National Influenza Vaccination Honor Roll

Dear Charlee

Congratulations! We are happy to inform you that Bartlett Regional Hospital has been accepted for inclusion into the Influenza Vaccination Honor Roll, which will be available online at www.immunize.org/honor-roll/influenza-mandates/honorees.asp.

In addition, we will also promote your accomplishment in our weekly e-newsletter, IAC Express, which goes out to more than 50,000 subscribers every Wednesday. These articles are scheduled for publication in IAC Express once a month. If you do not already subscribe to IAC Express, we invite you to sign up at www.immunize.org/subscribe.

Congratulations on the success you have shown for patient safety. We are proud to extend this honor to your organization!

Pat Vranesich RN, BSN
Nurse Consultant
Immunization Action Coalition

Editor’s note: The last time an Alaska health care organization made this honor roll was six years ago. Banner Health in Fairbanks and Bristol Bay Area Health Corporation were listed in 2012.

FLU NUMBERS UP

As of last week, our lab had confirmed 3 cases of Influenza A since the start of the new year. 12 Twelve cases were identified in December.

Several employees have called out sick, reporting illness and symptoms consistent with Influenza. Those symptoms are fever above 100F or 37.8C, sore throat, cough, muscle aches, fatigue, chills, nausea, vomiting and diarrhea. Two employees have had nasal swabs confirming Influenza A.

Please increase your vigilance with respiratory etiquette, washing your hands often, and keeping your area clean. PDI Sani-cloth red top wipes are the approved surface wipe, be sure to let sit for 3 min, allowing to air dry. Flu is very easily spread via cough and secretions.

The Fluarix vaccine does have these circulating strains A H1N1 & H3N2, & B. Yet this years A (H3N2) strain is particularly adept at causing illness. The vaccine A and B strains match up to the circulating strains, yet the vaccine’s effectiveness at preventing illness against A H3N2 has been harder than in the past 6 years. Its 33% effective against A H3N2.

Here is a link to more explanation of vaccine effectiveness and why the flu vaccine is typically less effective against Influenza A H3N2.
However, the flu shot does result in less overall hospitalizations and deaths. And it does shorten the length of illness.

Wishing you all good health and to remain flu free for the New Year!

-Charlee Gibbon, RN, BSN, CCRN

AND...Just a reminder for these upcoming Health Yourself activities:

January Sickness Shield Challenge- starting THIS week, take extra care of your immune system to stay healthy and achieve all of your biggest 2018 goals. Click on the link to access the challenge. (15 HY points) No registration is required- you can just print out the challenge from the emailed link and start.

Family and Friend Swim at Dimond Park on 1/12 from 6-8 (5 HY points). Bring your family or a friend and come play!

January Intro to Climbing Class at the Rock Dump on Tuesdays from 6-7:30, starting 1/16. Cost is $50 for 4 weeks of class. (15 HY points)

ComPsych Webinar on 1/23 at noon on ‘Improving your Memory’. Register by clicking this link and entering your information. (5 HY points) Jess Brown, Wellness Coordinator

Joyce Chambers and Lori Holte, Nurse Informaticists, and Sean Huntley, Clinical Informaticist, support clinical users of Meditech. All can be reached during business hours by calling the Clinical Team at extension x8400. Questions of a technical nature (pin reset, WOW’s not responding, etc.) should continue to be directed to the IT Help Desk at x8480.

Meet new PAS Supervisor, Anne Yarnall

Joyce was raised in Juneau and have worked and gone to school here most of my life. I worked at Bartlett starting in early 1990’s to August of 1996 when I decided to head south. I ended up spending 12 years at Mid-Columbia Medical Center in Oregon only to return in 2009 to be closer to my family. Since arriving back in Juneau my ultimate desire was to return to Bartlett Regional Hospital. So, I am happy to report that I have recently returned to Bartlett as the Patient Access Services Supervisor. My duties will include the back up and support of the PAS Director and provide direction to frontline staff while also supervising the day to day operations of the 24/7 Patient Access Services department.

I am looking forward to leading our staff with a high commitment to the C.A.R.E. Values and helping our department do what we do best with the utmost care and commitment that we are capable of providing. Additionally, I look forward to bridging any gaps and lifting our spirits with positive...
communications, and spectacular customer service while being mindful of cost saving measures.

I cannot express my excitement to be here enough and I am looking forward to working with everyone at Bartlett Regional Hospital for a very long time.

Anne fills the position left by Angelita Rivera after Angelita was promoted to Patient Access Services Director with the retirement of Sheila Bradford.

Thanks to Bartlett Foundation Director Maria Uchytíl for organizing the “three’s company” reception and sale with Juneau Lights calendar photographer Shawna Bushman, Energy Healing: Reflections on a Journey author Mary Szczepanski and Trails and Tails author Houston Laws just before the holidays in the Bartlett Gallery. Thanks colleagues for creating great gifts!

Compliance Corner

Safe Harbors/Anti-Kickback Statute Defined

Medicare kickbacks are when health care providers intentionally accept payments, products, or services for the purposes of soliciting Medicare or other healthcare program business. The Office of Inspector General has defined some exceptions. These are called Safe Harbors. The "safe harbor" regulations describe various payment and business practices that, although they potentially implicate the Federal anti-kickback statute, are not treated as offenses under the statutes.


Compliance Officer, Denise Plano: 907-796-8695

Bartlett Hospital Compliance Hotline: 796-8618

Patient Feedback

Physical, Occupational, Speech Therapy for Q4 2017

We enjoy working with Susanne and as a parent I see my son making so much progress and that makes me so happy!

Nice comfy seating for when we arrive early for an appointment! I always find it clean as well, nice job!

I am so pleased with the staff and all efforts to help my son!

Excellent care on all issues.

Excellent care by everyone.

Wash hands with great care and gloves for all care.

I cannot say enough about the great care I received from *Kirstch to *Denise.

Everyone was great - professional & helpful.

They called me in early!

*Adrienne with speech therapy has provided excellent service for several months. She is always prepared, has new materials ready & take home materials ready.

*Kathy Coguill was excellent. Very caring, knowledgeable & professional.

Great dept!

They were all nice.

They were very helpful and explaining where to go.

*Suzanne in PT is top notch.

About what I expected. Bartlett has a pretty facility.

Year of Kindness Wrap-Up

Thanks so much to all who participated in the 2017 YOK, the year of kindness initiated by the
Juneau Police Department and Lt. Kris Sell. BRH departments signed up for kindness surge weeks included CCU, MHU, RRC and the ED. Everyone made wonderful contributions. But the most impressive had to be the ton of sand donated to the Harborview playground by CCU. Thanks everyone. On to YOKK 2018—a year of kindness for kids!

Start testing those recipes!

NEW EMPLOYEES!

January 4, 2018

Kathryn Brownlee – Fiscal Tech III, Bartlett Surgery & Specialty Clinic
Cara Peters – Behavioral Health Clinical Therapist, RRC
Monique Rodriguez – Food Service Assistant, Food & Nutrition
James Slocum – Fiscal Analyst, General Accounting
Nino Suarez – Patient Observer, Nursing Administration

FOR SALE AT THE HR OFFICE

We have a variety of sizes still available: XS, L, XL, 2XL, and 3XL.

And Stadium Blankets!

Bartlett Regional Hospital is live on Facebook and LinkedIn, and we are spotlighting recruitment opportunities weekly on both sites. Follow us to catch all the updates, and like and share the posts to help spread the word. If an applicant provides your name as a referral for a hard to fill position and is hired, you could receive up to $5000.00. For additional details, please see policy 9400.914 Employee Recruitment Incentive Program on PolicyTech.

Update: Bartlett Regional Hospital Website Upgrade

Our website designer and partner – Coffey Communications - is upgrading our website soon. The first step in the process is for Coffey to back up our current site. The backup should take about 1.5 weeks. During that time it is preferred that no updates are made in net returns. (If necessary updates can be made through Coffey.) Therefore, it is very important that your department site is updated before the back up if at all possible. A mass email will be sent out in advance of the proposed back up dates.

If you have any questions, please contact Community Relations Director Katie Bausler at 8567 or kbausler3@bartletthospital.org

The new format should be more user friendly for both users and staff. It will enable departments to get into their own pages more easily to add content, make changes, and meet demand for example, the ability to create online forms.
Benefits include:

- Faster screen load times
- Better security (auditing and permissions)
- Access to custom forms
- New analytics and reporting options
- Easier editing and moving of content

The upgrade has 3 steps:

1. Content is pulled from the current system.
2. Any needed adjustments are made
3. We “go live” with the new site

Stay tuned for more details and dates!

Rehabilitation Services staff and musician George Kuhar’s birthday show is on again.

A solo set is planned of mostly original material, along with a few oddities and some new Playboy Spaceman songs. The Rookery is opening in the evening next Sunday for this event. The kitchen will be closed but there will be coffee, beer, and wine.

Hope to see you there!

Date: Sunday, January 14th
Location: the Rookery (111 Seward St, Juneau, AK 99801)
Show: at 7pm
All Ages + No Cover!