PATIENT RIGHTS: As a patient at Bartlett Regional Hospital (BRH) and Rainforest Recovery Center (RRC) you have the right to:

ACCESS TO CARE:
- To impartial access to care, treatment and services that are available and clinically indicated regardless of race, creed, sex, national origin, education, economic status or source of payment for care.
- To be informed of your rights and responsibilities at the time of admission as well as circumstances in which those rights may be suspended or violated.

CONSENT FOR TREATMENT
- To consent to treatment prior to receiving the treatment and be informed of risks of serious side effects and the possibility of success of the treatment.
- The consent to treatment is given voluntarily and explained to you in a method you understand.
- To refuse to participate in research or to be filmed or photographed or fingerprinted for external purposes. Specific consent will be obtained prior to you participating in these activities.
- To refuse treatment to the extent permitted by law and to know that such refusal will not affect the care delivered. When in the view of the provider, refusal of treatment by you or your legally authorized representative prevents the provision of appropriate care in accordance with professional standards, the relationship between you and the provider may be terminated upon reasonable notice and finding alternative care.

PERSONAL RIGHTS
- To wear your own clothing, to keep personal possessions (unless they may be used to endanger your own or another’s life, and to keep and spend a reasonable sum of your own money.
- To have access to an individual space for storage for your private use.
- To have visitors, according to RRC program schedule.
- To have reasonable access to phones, both to make and receive confidential calls.
- To have any restriction of visitors, mail, telephone calls or other forms of communication explained to you at the time of admission according to program rules.
- To send and receive unopened correspondence (not packages). Personal belongings may be subject to search for the purpose of securing contraband.
- To reasonable access to an interpreter if you do not speak English or are hearing impaired.
- To formulate advanced directives regarding healthcare decisions and to have staff comply with these directives consistent with applicable laws and professional medical standards.

RIGHTS CONCERNING CARE, TREATMENT AND SERVICES
- To medical, psychosocial and rehabilitative care including prompt and appropriate medical treatment and care.
- To be free of abuse, neglect, and aversive interventions.
- To be given complete explanation of the need for transfer to a different facility or different level of treatment prior to the transfer occurring.
- To request and receive an itemized and detailed explanation of the total bill for services rendered.

Signature: ___________________________ Date: _______________
- To know the name and professional status of individuals providing direct patient care and the individual primarily responsible for your care.
- To receive treatment in a safe and secure environment which is appropriate for your needs.
- To pastoral or other spiritual services, in accordance with RRC program scheduling.

**INDIVIDUAL PLAN OF SERVICES**
- To an individual plan of services developed with you and your primary care provider and updated as changes occur.
- To treatment in the least restrictive environment that may reasonably be expected to benefit you.
- To appoint a surrogate decision maker when you are unable to make decision about care, treatment and services and to have family, as appropriate, involved in decisions about care.

**RIGHT TO INFORMATION**
- To inspect your records upon reasonable request and in accordance with RRC and BRH policies regarding access to records.
- To obtain information in a method you can understand.
- To have all information and records obtained in the course of evaluation, examination, and/or treatment kept confidential (42 C.F.R. Part 2 and HIPAA) and not made public except as may be required by an appropriate court order. RRC staff are mandatory reporters of children or vulnerable adults at risk of abuse or neglect. We are permitted to contact individual(s) or law enforcement agencies if you have made a specific threat of harm to someone else and we determine there to be a clear and immediate probability of you acting on that threat.

**CONFLICT RESOLUTION**
- To be informed of the process to assist you and your family in resolving conflicts regarding care decisions.

**DENIAL OF RIGHTS**
- To have your rights denied only when necessary to protect your health and safety or to protect the health and safety of others.

**PATIENT RESPONSIBILITIES** - These responsibilities are presented to the patient in the spirit of mutual trust and respect. Your responsibilities are as follows:
- To provide accurate and complete information concerning present complaints, past illnesses, hospitalizations, medications and other matters relating to his/her health.
- To report perceived risks in your care and unexpected changes in your condition to your responsible practitioner.
- To ask questions when you do not understand what they have been told about your care or what you are expected to do.
- To follow the treatment plan established by you and your treatment team. If you choose not to follow the plan, you are responsible for your actions.
- To keep appointments and attend treatment activities as assigned and notifying staff when you are unable to do so.
- To assure that the financial obligations of hospital care are fulfilled as promptly as possible and to realize that you ultimately are responsible for all charges.
- To follow hospital and RRC policies and procedures.
- To be careful with personal property and that of other persons in the facility. Respect the rights of others.

Signature: ___________________________ Date: _______________
For our Residential Program
Facility Rules and Information

- **We are a tobacco free facility.** Bartlett Regional Hospital (BRH) and Rainforest Recovery Center (RRC) are tobacco free facilities. In accordance with city ordinance, no one is allowed to smoke or use tobacco products while in the Rainforest Recovery Center program. This includes both on and off campus, including community outings and meetings. Nicotine Replacement Therapy is available to you. Smoking items such as cigarettes, chew, lighters and matches are considered contraband and will be placed in storage.

- **Random Drug/Alcohol Screening.** A breathalyzer (BrAC) test and an observed Urine Drug Screen (UDS) will be completed at the time of admission and randomly throughout your stay.

- **Room Searches.** As part of residential drug and alcohol treatment, RRC may, at any time, conduct a thorough search of individual patients’ belongings and living spaces.

- **No Electronics.** For patient safety and confidentiality, patients are not allowed cell phones or electronic devices in treatment. This includes cell phones, iPods, iPads, tablets, computers, mp3 players, cameras, and other electronic recording devices or equipment. Any electronic device arriving with a new patient, without three prongs, will be held in storage until discharge.

- **Telephone use.** The phone will be available every day during certain scheduled times. Telephone calls are NOT allowed during any scheduled activity, including the Saturday Family Program, recreational therapy, program videos, and twelve-step meetings. In emergencies, the counselor can approve phone calls made with supervision from their offices.

- **Medications.** Please bring a 30-day supply of all your current medications. Over-the-counter medications must be in factory sealed containers. Any prescribed medications, over the counter medications, or herbal-based supplements arriving with patients will be surrendered and will require approval by the RRC Medical Director prior to use in treatment. Your medications will be stored for you. We may dispose of any medications that are unidentifiable, not prescribed, or discontinued during your stay. You consent to this by entering the RRC program.

- **Living Area.** Please help to keep RRC and your room clean and neat. For housekeeping purposes your linens can be changed on Tuesdays. Laundry facilities and products are provided. Due to past problems with ants and other critters no food is allowed in the rooms.

- **Elopement Policy.** Under our care staff will perform 15 minute checks to ensure your safety. If you are absent from RRC, without informing staff, for 30 minutes then you will be considered to have left the residential program against medical advice and will be discharged.

- **Property Boundaries.** All patients are provided with a map detailing the property boundaries. While participating in off campus activities, you must stay within eye sight of staff at all times. You are not allowed in the following areas unless with staff:
  - Bartlett Regional Hospital building
  - The Rainforest Activity Center
  - Wildflower Court and Parking Lot
  - Vehicles in the parking lot
  - Surrounding wooded areas
  - The front reception area

- **Mail.** You can send and receive mail from RRC. Keep in mind this is a short term treatment program; mail delivered after your discharge will be returned to sender. If you want to receive mail, give your sender the following address:

  (Your Name)
  c/o Rainforest Recovery Center
  3250 Hospital Drive
  Juneau, AK 99801

Signature: ___________________________ Date: ______________
Visitors. Visiting hours are posted at the care coordination center. Visitors must agree to abide by the federal laws of confidentiality. Visitation must occur in RRC common areas, not patient rooms. For patient safety, only staff shall grant admittance to the RRC facility. Visitors are expected to be sober and abide by the BRH no smoking rules. During the visit all visitor property will be turned into staff. All children must be supervised at all times.

What To Bring

- Enough clothing for seven days. Limit your clothing to one suitcase and a small personal bag such as a purse or backpack. Washer and Dryer are available.
- Bring a warm coat, gloves, winter hat and boots for outdoor activities. Waterproof material is preferable.
- Hand lotion, shampoo, conditioner, hairdressing gels, deodorant, etc. These items must not have propylene glycol, ethylene glycol, diethylene glycol, methanol, isopropanol (isopropyl alcohol), and ethanol (ethyl alcohol) listed within the first three ingredients. Other alcohol derivates such as cetyl, stearyl, cetearyl, lanolin, and denatured are ok to bring.
- Hairbrush and/or comb, toothbrush and toothpaste.
- A 30-day supply of all your current medications. Over-the-counter medications must be in factory sealed containers. Medications will be identified and must be approved by RRC Medical Director prior to you being allowed to take these medications. While in treatment, your medication will be stored for you and administered to you by nurses.
- You are expected to dress appropriately. Any clothing which is determined to distract or has the potential to distract will be locked away until discharge. Tight T-shirts, pants, shorts, low-cut tops, excessively loose or revealing clothing, are prohibited and you will be asked to change into more appropriate clothing. Clothing which advertises or glorifies alcohol or drug products is prohibited.
- Baggage is kept in a storage locker and accessed during arrival and departure. Contraband is locked away and may be returned upon discharge.
- No more than $100 will be allowed on your person at RRC and you are given the opportunity to secure it in storage. Any money over this amount will be stored in the safe at the hospital.

What Not To Bring

- Alcohol, marijuana, tobacco products, including e-cigarettes, chew, and vapors, and any unsealed over-the-counter, prescription, un-prescribed, or illegal drugs.
- Weapons of any sort.
- Pornography or any sexually explicit material (i.e. dildos, vibrators, and/or other sex toys, personal pleasure objects, and paraphernalia).
- Toiletry articles containing propylene glycol, ethylene glycol, diethylene glycol, methanol, isopropanol (isopropyl alcohol), and ethanol (ethyl alcohol) within the first three ingredients, i.e. hair gels, shampoo, conditioner, aftershave, mouthwash, etc.
- Perfumes or other fragrances. BRH/RRC is a fragrance-free facility.
- IPod’s, IPad’s, tablets, MP3 players, personal televisions/DVD players, videos or hand-held games kept on your person. Any electronic devices unless given to you by staff.
- Any item which is determined to distract, or has the potential to distract from the treatment program will be locked away in RRC storage until discharge.
- Cell phones will be kept in storage and may not be utilized during your stay unless for specific approved treatment purposes.

Signature: ________________________________ Date: __________________