February 10, 2017

Any improvement since I brought the balloon?

Bartlett participation in the 2017 Juneau Year of Kindness is ramping up. Departments including the CCU, MHU, ER, Rainforest Recovery, Education/Compliance and Food and Nutrition Services are committing to “Kindness Surge” weeks throughout the year.

Any department interested in participating or learning more about the YOK is invited to an Employee Engagement Committee meeting, Tuesday, Feb. 14 at 11 a.m in the Board Room.

Examples of kindness could be everything from distributing healthy snacks at the mall to scraping ice off people’s car windows to writing encouragement letters to patients. “Things that are personal and convey caring,” says JPD Lieutenant and Year of Kindness initiator Kris Sell.

For more information about the Juneau initiative, see this Random Acts webpage: http://www.randomacts.org/news/juneau-year-kindness/

Any department interested in participating or learning more about the YOK is invited to an Employee Engagement Committee meeting, Tuesday, Feb. 14 at 11 a.m in the Board Room.

You can also help us celebrate by stopping by Cardiac Rehab anytime between now and Cardiac Rehab week to say hello and sign up for a heart-themed gift bag giveaway! Drawing will be held on Monday, February 13th, just in time for a Valentine’s Day gift for yourself or someone you love!

We wish you to be happy, we wish you to be healthy, we wish you to feel safe, we wish you to live your life in ease.

Shout Outs!

RRC would like to celebrate Director Ian Niecko’s first month on the job!

Bartlett’s Cardiac Rehab staff will be celebrating Cardio Rehab Week on Valentine’s Day with a heart healthy snack and walk at the Dimond Park Field House indoor track. Feel free to join us from noon to 2pm on February 14th. This event is open to the public.

Thanks to Laura Stats for the Kindness and C.A.R.E. display in the main lobby.

Cardiac Rehabilitation Week: February 12th-18th

Bartlett Regional Hospital
I’d like to thank Kelvin and his facilities team for all of their work improving the safety of patient rooms on MHU. And with a fresh coat of paint, they look better too! -Jenna Hiestand, MD
Medical Director, Behavioral Health

The Quality Department would like to acknowledge the following staff for their commitment to safe patient care:

Dr. Mimi Benjamin
Kelvin Schubert
The Huddle Advisory Committee

Compliance Corner

What is a Compliance Hotline?

A hotline is an important element of a compliance program. This allows for an anonymous reporting mechanism that facilitates report of possible illegal, unethical or improper conduct when the normal channels of communication have proven ineffective or are impractical.

Compliance Hot Line Quiz

- A compliance hotline allows employees to raise compliance issues and concerns. Which of the following would NOT be appropriate for managing the hotline?
  
  A. Employees may remain anonymous.
  
  B. No retaliation for reporting.
  
  C. Employee is asked to provide name and contact information when reporting a issue.
  
  D. Promise of confidentiality if employee identifies herself/himself.
  
  E. Prompt investigation of issue.

The answer is C

Bartlett Hospital Compliance Hotline: 796-8618

- Denise Plano MHA MSN RN,
  Director of Quality, Compliance Officer

Go Team Blue!

The Surgical Services Department extends their warmest congratulations to Janel Saceda, Eric Stefanich, and Leanne Dapcevich on the completion of their perioperative nurse training.

Janel and Eric are new graduate nurses who have completed the 17 week long Alaska Perioperative Nursing Consortium (APNC) program which required frequent travel up to Anchorage and surrounding areas. Leanne is an experienced nurse transitioning from a pediatric specialty. She has finished the Association of perioperative Nurses (AORN) Perioperative 101 online curriculum which required extensive self-study. Both programs required a great amount of dedication, commitment, and study. You guys
have worked very hard and we are all extremely proud and excited to have you as a part of the team. Go Team Blue!!”

**February 6-10th was Pride in Foodservice Week!**

But we can always acknowledge the hard work and dedication of Bartlett’s Foodservice Team—committed to quality, customer service and respect for others. Please visit the bulletin board outside the café’ highlighting the members of our team during the month of February.

*Here’s some of our hard working café crew!*  

**March is National Colorectal Cancer Awareness Month**

It may be a difficult subject to bring up, but **COLON/RECTAL cancer is PREVENTABLE** by proven methods offered by BARTLETT. If polyps are found during a colonoscopy early they can be removed before they turn into cancer. According to OR Nurse Rhonda Ward, colonoscopy services in Juneau are above the national average for detecting pre-cancerous polyps.

Screening for colon cancer is recommended after age 50. The endoscopy department reminds that Bartlett has state of the art, top of the line endoscopes. They provide high definition detail for spotting polyps. And, did you know? Bartlett was the first in Alaska to get a special endoscope disinfection re-processor. See your primary care provider to learn more about registering for a colonoscopy.

Inquire if anyone in your family has had polyps, or colon cancer. In preparation for March, **LET’S PREPARE** and find out our **FAMILY HISTORIES** which can be important. Learn more at [www.cancer.org/colon](http://www.cancer.org/colon).

**NEW EMPLOYEES**

**February 13, 2017**

Elisa Gaytan – PAS Representative, Patient Access Services  
Zoe George – CNA/Unit Clerk, Critical Care Unit  
Connor Hoyt – EMT, Rainforest Recovery Center  
Garrick Hughes – EMT, Rainforest Recovery Center  
Elena Nielsen – PAS Representative, Patient Access Services  
Jessica Poff – Lab Aide, Laboratory

**Fleece Vests** – It’s still chilly out there! HR has cozy bright blue vests for only $10 each. We have a variety of sizes still available: XS, L, XL, 2XL, and 3XL.

**LinkedIn Recruiting is Live!**

This is a reminder to all hiring managers that we have added recruitment via [LinkedIn](https://www.linkedin.com) to our overall recruitment strategy. We held a presentation a couple of weeks ago, but for those who were not able to attend, here is a quick recap of what the LinkedIn tool can do for us.

- BRH will be able to run candidate searches on anyone with a LinkedIn profile
  - These searches can be tailored by job, location, skill, company, etc.
  - Each search will run at midnight every night and look for new candidates
  - HR will be able to send candidates directly to the Hiring Manager to review via LinkedIn
Hiring Managers will be able to rate each candidate and have HR reach out to those candidates for interviews.

- HR will be able to see individuals on LinkedIn that have “silently raised their hand”, which means those individuals would like to hear from recruiters about potential job opportunities.

We would like to strongly encourage every hiring manager and SLT Officer to start a LinkedIn profile, as this tool’s success will be measured by how much engagement we have. You will also need a profile for HR to send you candidates that pertain to your job searches.

Lastly, we want to remind all hiring managers to set up a 15 minute appointment with HR when they want to use this tool. HR will be able to tailor each search for your requisitions to find the best possible talent.

**Coming Soon:**

**3D MAMMOGRAPHY™ Exams**

Bartlett Regional Hospital is pleased to announce the upcoming capability of state of the art 3D MAMMOGRAPHY™ exams from Hologic, a global leader in breast cancer detection. This new technology should be in place in our Diagnostic Imaging department by mid-March.

In a conventional mammogram, overlapping tissue can hide breast cancers and normal breast tissue may appear abnormal, leading to unnecessary callbacks. Low Dose Genius 3D MAMMOGRAPHY™ exams are an advanced type of digital mammogram that offer better cancer detection, fewer call backs, minimal compression time and greater peace of mind at a dose comparable to a conventional digital mammogram.*

Large clinical studies in the U.S. and Europe* have demonstrated the positive benefits of Low Dose 3D MAMMOGRAPHY™ exams including:

- Earlier detection of small breast cancers that may be hidden in a conventional mammogram
- Greater accuracy in pinpointing size, shape and location of abnormalities
- Fewer unnecessary biopsies or additional tests
- Greater likelihood of detecting multiple breast tumors
- Clearer images of dense breast tissue
- Maintained 3D MAMMOGRAPHY™ exam performance, at a 2D-like dose

Low Dose Genius 3D MAMMOGRAPHY™ exams are recommended for women of all ages and breast densities.

Large clinical studies in the U.S. and Europe have demonstrated the positive benefits of a Genius 3D MAMMOGRAPHY™ exam. The largest study to date on breast cancer screening using the Genius exam was published in the June 25, 2014 issue of the *Journal of the American Medical Association* (JAMA).* Findings include:

- A 41% increase in the detection of invasive breast cancers.
- A 29% increase in the detection of all breast cancers.
- A 15% decrease in women recalled for additional imaging.

While this new 3D technology is being installed, fewer mammography appointments are available. A waiting list is available. For appointments or questions, please call Diagnostic Imaging at 796-8800.
Bartlett Regional Hospital will join hospitals across the country in observing National Healthcare Access Personnel Week, April 2-8, 2017. National Healthcare Access Personnel Week was first observed in 1982 and now is celebrated across the nation.

Patient access is the patient entry point, and sets the tone for the entire patient experience. Over the years, patient access has taken on more and more responsibilities, often without additional resources. Patient access teams have become responsible for front end revenue processes which include pre-registration processes, payment collections, and denials prevention. As well we oversee daily Bartlett House operations, manage lost and found, and are a communication hub for the hospital switchboard and emergency code alarms which include code blue, code red and facility system building alarms and more. Registrars deal with many core tasks, including agencies and governmental regulations with numerous policies, procedures, and exceptions. They are also responsible for completing these tasks in a very short amount of time, and in a manner that provides the patient with a great experience.

Bartlett Regional Hospital will kick National Healthcare Access Personnel week with a canned food and /or toiletries for the month of April for Bartlett House. Drop your donations off at either locations PAS I OR PAS II. This event will help stock the shelves of Bartlett House which is a great alternative for those who are having medical services in Juneau. Bartlett House is a temporary housing option available at a minimal cost ($65/night) to patients and their family seeking medical treatment in Juneau. Thank you for your donations! –Angelita Rivera

Juneau Community Health Fair:
“SAVE THE DATE”

“SAVE THE DATE” for the next Juneau Community Health Fair, sponsored by Bartlett Regional Hospital working in tandem with Alaska Health Fair Inc.
The date will be Saturday, March 18, 2017 at Thunder Mountain High School from 8AM – 12Noon. Last year’s health fair was a big hit. We had over 250 participants and almost 100 volunteers and exhibitors! The change of venue to TMHS revitalized the event and was enthusiastically received by the public. Juneau really showed up.

Now is the time to write that date in your calendar and ask your department head for the day off so you can participate. Remember RNs, volunteering is a means by which you can advance on the clinical ladder. RNs can participate in drawing blood, taking blood pressures, partaking in the exit interviews by answering questions about health issues or you can participate in a non-medical area if you wish. Hospital employees who are not clinical staff are also needed in the important areas of registration, meet and greet, set-up and take down, staffing snack areas and other jobs.

If you would like to be an exhibitor, I would invite you to do so. Share a theme from your department. Last year the Emergency Department did bicycle safety, our Nutritional Services department educated the public on the importance of vitamin D and our diabetes educator was present as well. Please take a moment to consider becoming an exhibitor and sharing your expertise. Department heads: consider coming out as an exhibitor or...
mention it to one of your staff. Call me at 8918 on Tuesdays and we can talk about it if you have questions, or shoot me an email lstats@bartletthospital.org.

If you already know you want to volunteer, do so online by filling out a volunteer or exhibitor’s application with Alaska Health Fair.
See you in March!
Laura Stats RN