

Bartlett Buzz

February 27, 2017

Year of Kindness Kick-Off

Along with the Employee Engagement committee, the Education, Quality and Food and Nutrition departments will kick off **Bartlett participation in the 2017 Juneau Year of Kindness the week of March 19-25.**

Food and Nutrition Services plans Random Acts of Catering, such as placing cards on patient trays with inspirational messages. The EEC, Quality and Education staff plan on welcoming employees with CARE and Kindness that week. The EEC may also take a Kindness Surge week during the visitor season.

Departments including the CCU, MHU, ER, and Rainforest Recovery, have also committed to Kindness Surge weeks throughout the year.

If you or your department is interested in participating in the YOK, please contact Community Relations Director Katie Bausler

at x8567 or kbausler3@bartletthospital.org.

For more information about the Juneau initiative, see this Random Acts webpage: <http://www.randomacts.org/news/juneau-year-kindness/>



A Juneau Police Department Initiative

HR and Payroll Update: New classification and compensation system in place

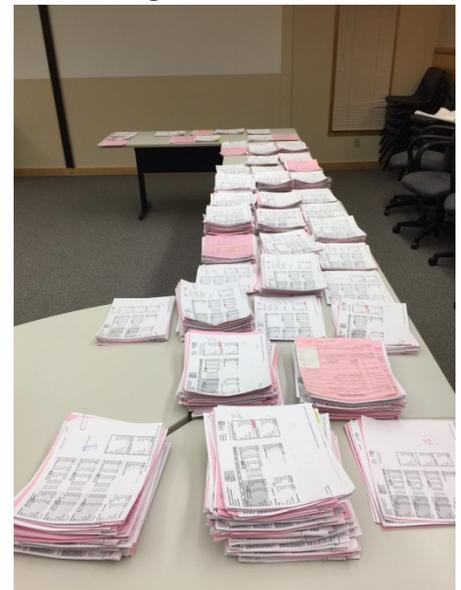
The recent implementation of the "Class & Comp" & the ratified union contract has generated pay adjustments for BRH staff. What that means for payroll is pulling payroll history on each employee paid since November 29th, thru today.

That data and the personnel action notices from Human Resources was used to then input

data into a calculation spreadsheet which determines the amount of pay owed to BRH employees. The last step will be to enter all of this into the payroll system. **A shout out to all who have been working on this project since Super Bowl Sunday!**
-Karen Taug



Pictured L to R – Standing: Grace Gonzales, Cindy Carte, Rick Morrison, Kris Muller, and Jason Bushman
Sitting: Karen Taug, Kelly Mercer and Tracy Olson
Not pictured: Cheryl Aceves and Dallas Hargrave



Shout Outs!

HR and Payroll staff working overtime and on weekends on the new classification and compensation system, **including Cheryl Acves, who graciously emerged from retirement while on vacation at Disneyworld to help out.**

The Quality department would like to acknowledge the following staff for their commitment to safe patient care:

**Laura Gregovich
Med Surg Nursing Staff
Kelvin Schubert
Dr. Mimi Benjamin**

**-Denise Plano MHA MSN RN,
Director of Quality, Compliance
Officer**

I'd like to thank **James Banda in IS** for setting up the new fleet of Xerox copiers and fax machines hospital wide. Forty-three machines were deployed and all services restored. James did a GREAT JOB!

**-Beth Mow, Contract
Administrator**

Daily Huddles begin March 8th

Bartlett Regional Hospital places a high priority on providing safe patient care and maintaining an environment that keeps our

employees safe while providing that care. Recently we conducted a survey on patient safety culture. This survey was developed by the Agency for Healthcare Research and Quality (AHRQ) to assess staff's perception of patient safety at BRH, and help us identify areas where we can improve.

As part of our commitment to continually improve, senior leadership has chosen to implement a Hospital Safety Huddle to help address improvement areas identified in the AHRQ survey.

The objective of this initiative is to improve communication and teamwork throughout the hospital. The Hospital Safety Huddle will allow all units of the hospital to efficiently disseminate situational information in a quick 10 to 15 minute stand-up meeting.

Who should attend?

A unit director/manager or designee. All units are expected to be represented.

When will the Hospital Safety Huddle occur?

Each weekday at 10:00 am sharp. **The first Hospital Safety Huddle will be March 8th.**

Where will the Hospital Safety Huddle be held?

In the CCU waiting room.

What will be reported?

Looking at safety issues in the past 24 hours, and any

anticipated safety issues in the next 24 hours, each unit will briefly share information about worker, and patient safety concerns.

A Hospital Advisory Group of managers and directors has helped develop how the Hospital Safety Huddle will run, and will be monitoring for possible enhancements to the meeting format. Please contact them with questions or feedback as we roll out this initiative.

**Thank you,
Chuck Bill, CEO**

March is National Colorectal Cancer Awareness Month

SHOULD I GET A COLONOSCOPY?

First of all, let's learn some facts about why people need to be screened for colon cancer and the different options available.

Are you 50 or older? Then you need to be screened as your risk of developing this cancer increases with age. Colon cancer is the second leading cause of cancer deaths in the US among men and women combined, but it **can often be prevented** or found at an early stage **with regular screening** according to the American Cancer Society.

In 2016, an estimated 95,270 new cases of colon and 39,220 cases



of rectal cancer were expected to be diagnosed and an estimated 49,190 deaths from colorectal cancer are expected to occur. Even if you don't have symptoms or have a family history of colon cancer it is worth your time to get screened. This means that someone could have polyps or colorectal cancer and not know it. **Many people with colon cancer do not have any symptoms** or family history of colon cancer, which is **why screening is so important** even when you feel healthy.

What are the Symptoms?

Blood in or on your stool, rectal bleeding, abdominal pain, a change in bowel habits, such as having stools that are narrower than usual, or losing weight and you don't know why. If you have any of these symptoms, talk to your health care provider. These symptoms may also be caused by something other than cancer. However, the only way to know is to get screened and see your doctor.

Don't take unnecessary risks and miss the moments in life that matter. Take time now so you can go kayaking, hiking, hunting, fishing tomorrow and the next day.

The real tragedy is that many of these cancer cases and deaths occur needlessly, as they could be prevented if more people took advantage of colorectal cancer screening. Screening and early detection saves lives.

There are several screening options available if your physician wants to wait before a colonoscopy, including simple affordable take home options, like an immunoassay stool test. Brand names include Cologuard or an immunochemical test called FIT. However, the GOLD standard is a COLONOSCOPY. **Don't procrastinate and don't be afraid.** Preventing colon cancer or finding it early doesn't have to be expensive. DON'T BE SHY. Don't let fear of the unknown prevent you from getting screened and saving your life.

Most health insurance plans cover lifesaving preventive tests. **Use the health benefits you are paying for in your insurance premium to get screened.**

You can control your health care. Get it done. Colon cancer is highly treatable if caught at an early stage and is one of the few cancers that can often be prevented through screening. Colon cancer is preventable, treatable and beatable.

Learn more at www.cancer.org/colon
-Rhonda Ward, R.N.

NEW EMPLOYEES

February 27, 2017

Gabrielle Clark – RN II, Critical Care Unit

Lam Nguyen – Behavioral Health Aide I, Mental Health Unit

Sheree Overfelt – Behavioral Health Clinician III, BOPS

Rachel Sielbach – RN II, Critical Care Unit

Lydia Steele – RN I, Surgical Services/OR

Derek Weiss – RN III, Emergency

Spread the Word!

Bartlett Regional Hospital is live on Facebook and LinkedIn, and we are spotlighting recruitment opportunities weekly on both sites. Follow us to catch all the updates, and like and share the posts to help spread the word. If an applicant provides your name as a referral for a hard to fill position and is hired, you could receive up to \$5000.00. For additional details, please see policy 9400.914 Employee Recruitment Incentive Program on PolicyTech.



Collecting Donations Now!

RRC is in need of basic clothing donations. If you have items that you would like to donate, please bring them to the side door, push the button and staff will come accept the donations.

We need simple clothing, no tight fitting pants, no low cut tops. Mostly t-shirts (without beer/alcohol/drug logos) and sweatpants or jeans.

We also need raingear, winter coats, socks and practical shoes. Thanks to everyone who contributed to the sock drive, you donated over 100 pairs of socks and these are being used by our sleep off clients.

**Thank you for your consideration,
Janell Meade, RN**

Focus on Opioid Epidemic

Staff participated in a three-day workforce development partnership training event put on by UAF Department of Social Work and the SOA Department of Health and Social Services, Division of Behavioral Health. The panel was held on Wednesday, Feb 15 at the JACC. The audience included students and staff from state agencies as well as other presenters.



Participants included: (L to R in the photo) Dr. Kate Peimann, SE Medical and hospitalist physician for BRH, Ian Nieko, Director of RRC, M.div. CDC II, Joan Harvey, RN, CNV-Obstetrics, long-time OB RN dedicated to addressing impacts of opioids on pregnancy, birth, and for babies and moms, and on reducing the stigma associated with addiction in an effort to best support mothers, babies, and families, Gena Deck, MSN, RN, Assistant Professor of Nursing, University of Alaska Anchorage, RN, Emergency Department, Bartlett Hospital, Jeannette Lacey Dunn, LMSW, ACM, Director of Case Management, BRH, Dr. Mimi Benjamin, family physician and medical director of the hospitalist service, Bartlett Regional Hospital.

The panel discussion provided a discussion of the impacts of opioids on patient care. We discussed the unique challenges heroin and opioid addiction present in our jobs, our perspectives of the scope of the problem, and how the numbers have changed over time, the system barriers that we commonly see, and the kinds of community responses we think would help the problem.

The same day, Governor Bill Walker issued a disaster declaration on the opioid epidemic, which brings hope that we might be able to bring in the resources needed to more effectively address these issues. <https://gov.alaska.gov/newsroom/2017/02/governor-walker-announces-appointments-to-state-boards-and-commissions/> -**Jeannette Lacey Dunn, LMSW, ACM**
Director of Case Management

RRC News

It gives me great pleasure to announce that Bobbi Scherrer has been reassigned the administrative support duties for both Bartlett Outpatient Psychiatric Services and Rainforest Recovery Center.

This restructure allows us to focus on greater team work between the two programs and more effectively manage our resources to meet the patient's needs at both programs.

Bobbi has extensive experience in both management of staff (our most important resource) as well as how to optimize our scheduling, providers and billing processes.

Many may remember Bobbi from her first time at Bartlett and we are fortunate to have someone with her skills, talents,



professionalism, and commitment. Please help me in welcoming Bobbi into this new role!
**-Sally Anne Schneider, MS
Chief Behavioral Health Officer**

March is also National Nutrition Month

This year, the Academy of Nutrition and Dietetics encourages patients to "Put Your Best Fork Forward" by implementing healthful eating habits – one forkful at a time. Registered Dietitian Nutritionist Day will take place March 8.

Eating healthier doesn't mean changing your entire eating pattern overnight. Small changes, made over time, can add up. One way to guarantee that you're on the path to healthier eating is to eat more plants. A plant based diet can reduce one's risk of a variety of chronic diseases such as obesity, diabetes, cardiovascular disease and cancer. Include more foods such as fruits, vegetables, whole grains, bean and legumes.

Bartlett Regional Hospital will be celebrating National Nutrition Month all month long with the following activities:

- 1) **Tasty Tuesday's – every Tuesday**, samples of plant based recipes will be offered in the Bartlett Cafeteria during lunch.

- 2) **Meatless Menu – March 9th**, Bartlett's kitchen will feature new plant based recipes. These will be offered in the cafeteria during breakfast, lunch and dinner.
- 3) Educational displays will be available in the cafeteria and the main hallway throughout the month.
- 4) **On March 14th at 12pm**, **Kari Natwick, Dietitian and Bartlett's Director of Food and Nutrition Services, will be presenting a lunch and learn on Nutrition and the Microbiome. (RFV Building)**
- 5) On March 21st, Theresa Reynolds, Bartlett's Nutrition and Dietetic Technician, will be teaching a cooking class for teens at the Zach Gordon Youth Center.

Come and join us! Put your best fork forward and be healthy!

**-Kari Natwick RDN, LD
Director of Food and Nutrition Services**

Academy Award Worthy

"Patient" Rose Lawhorne, ED/CCU Director, Nursing Admin and Physical Rehab Services and Nurse John Lamantia look on as nursing student Dylan Stuart does a blood draw.



The scene is for a nurse recruiting video commissioned by Human Resources and in production with Community Relations Director Katie Bausler and videographer/editor Mark Rainery.



Go see IS colleague and comedian Brady in this!

Club Baby Seal, Inc
Presents

Stand Up
Comedy

At the Gold Town
Nickelodeon
2+ only show

\$10

March 18 @ 9 and 10:30

Tickets available at
squareup.com/store/club-baby-seal

